

Pitfalls in the Interpretation of Findings in Endocrine Toxicity Studies

Klaus Weber, PhD, DVM, MSBiol, DJSTP¹⁾

Laura Polledo, PhD, PhD, Dipl.ECVP¹⁾

Oliver Koerner, PhD²⁾

¹⁾AnaPath GmbH, Switzerland

²⁾ADAMA Deutschland GmbH, Germany

Fish – Tolerance Studies (Diclofenac)

[Environ Toxicol Chem.](#) 2013 Feb;32(2):442-52. doi: 10.1002/etc.2085.

Diclofenac: New data on chronic toxicity and bioconcentration in fish.

[Memmert U¹](#), [Peither A](#), [Burri R](#), [Weber K](#), [Schmidt T](#), [Sumpter JP](#), [Hartmann A](#).

‘...This leads us to a conclusion that DCF has, with high probability, no adverse effect on both fish species up to 320 µg/L....’

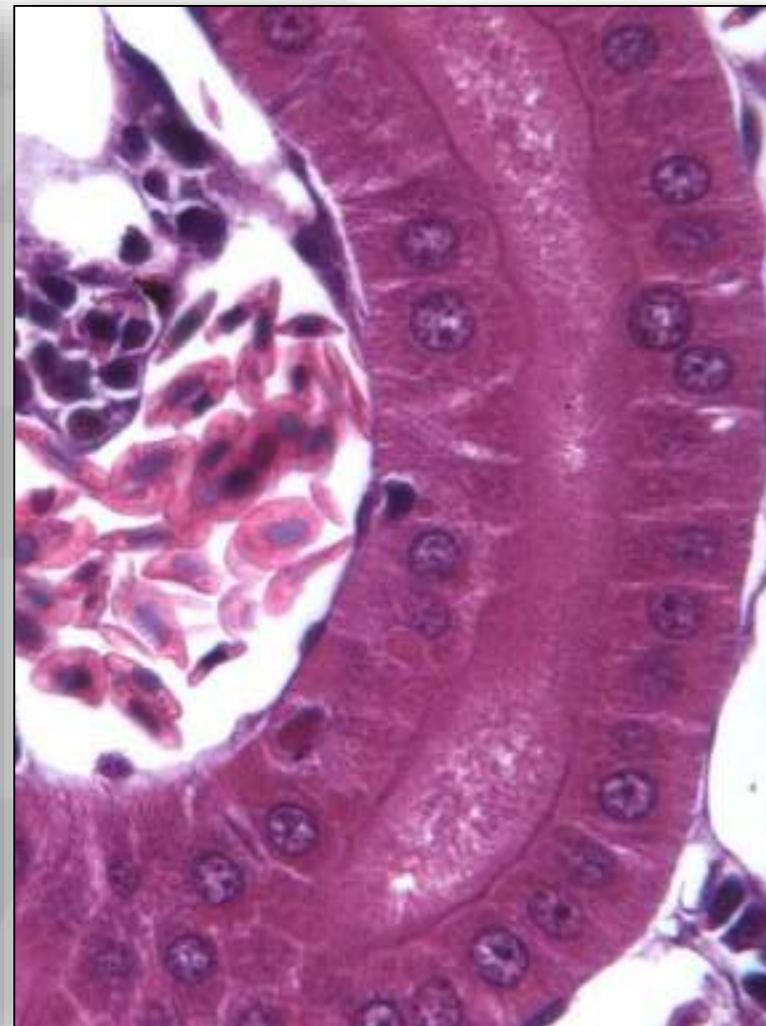
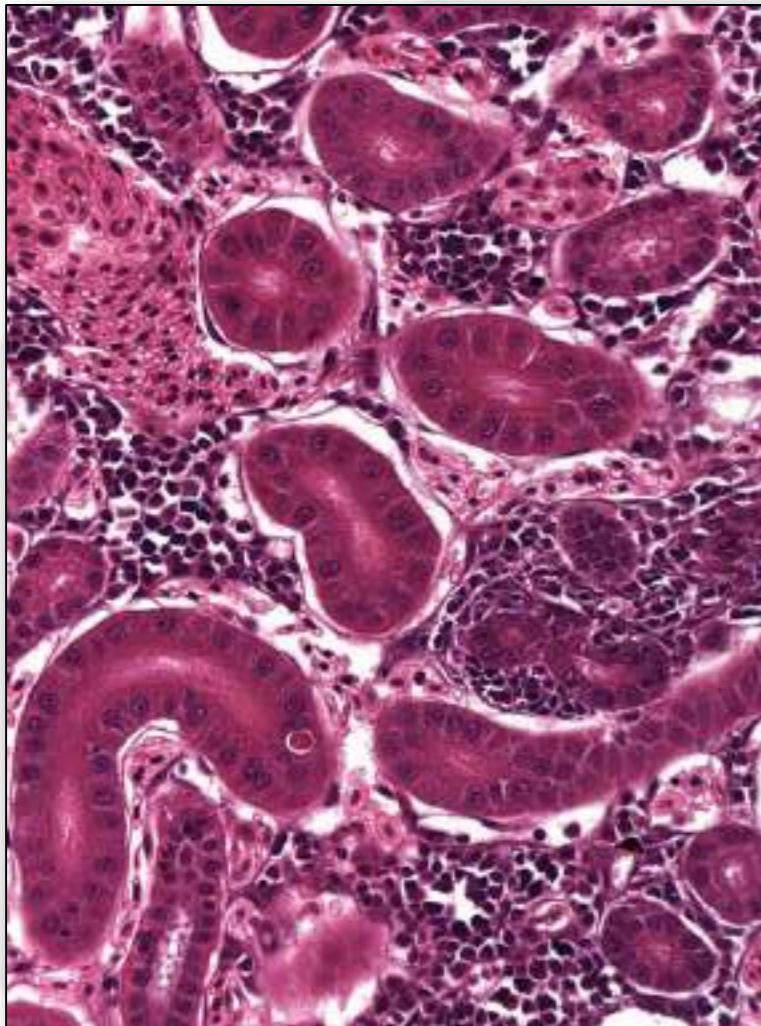
[Aquat Toxicol.](#) 2014 Jan;146:127-36. doi: 10.1016/j.aquatox.2013.10.033.

Epub 2013 Nov 7.

Pathology working group review of histopathologic specimens from three laboratory studies of diclofenac in trout.

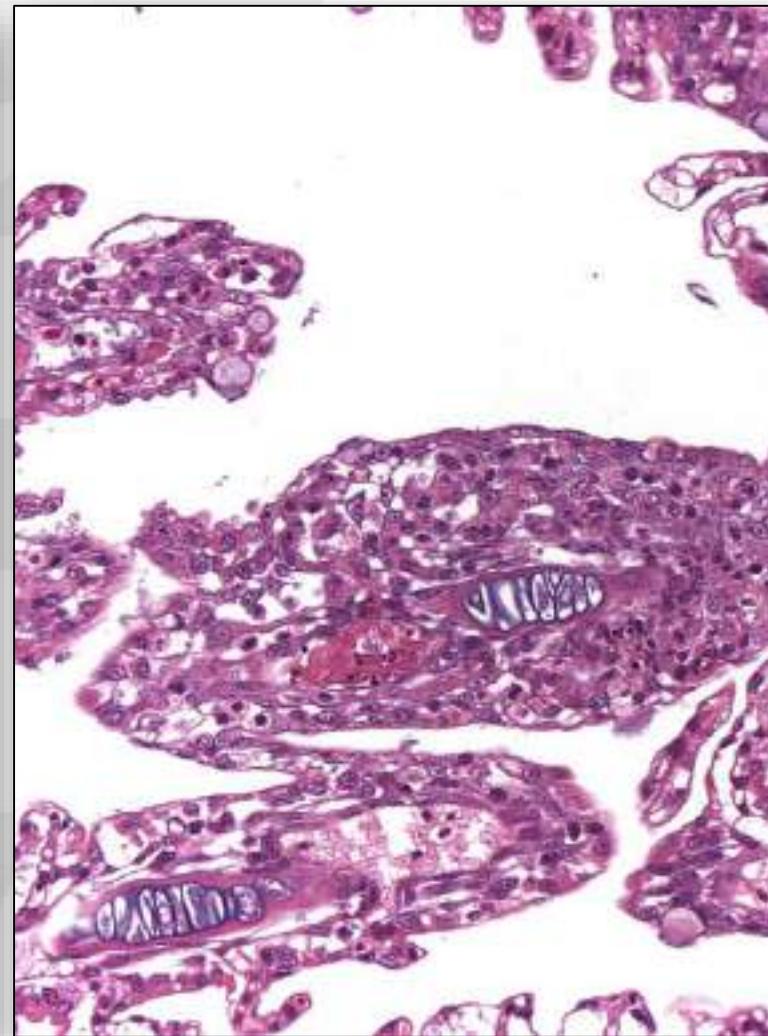
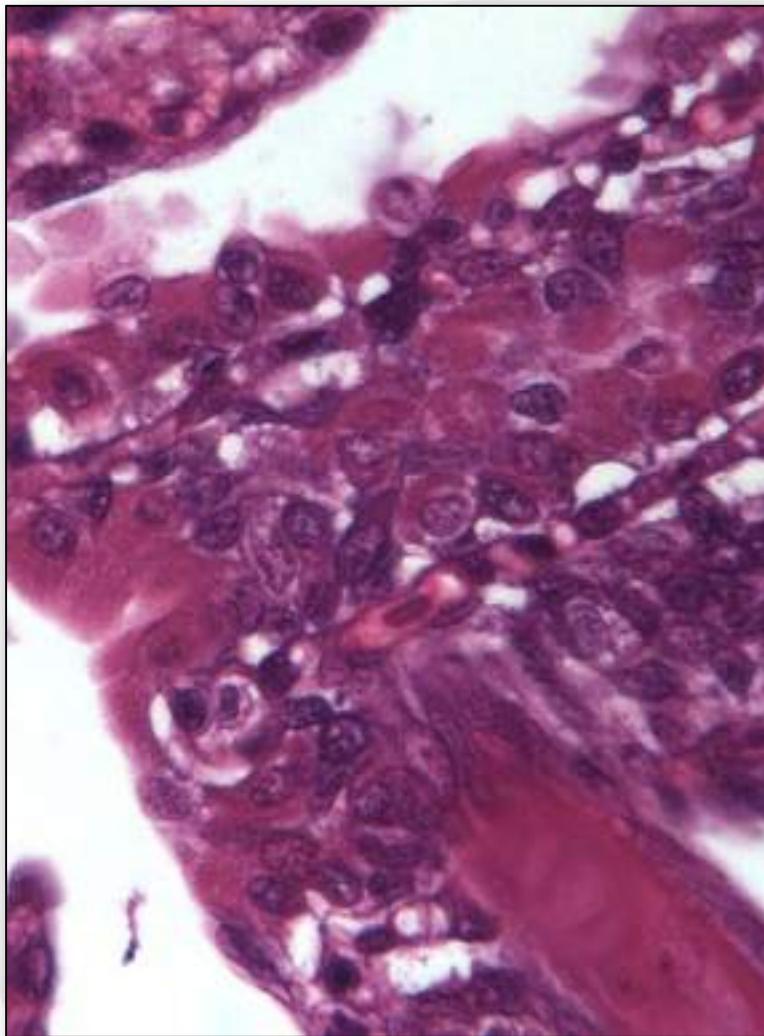
[Wolf JC¹](#), [Ruehl-Fehlert C²](#), [Segner HE³](#), [Weber K⁴](#), [Hardisty JF⁵](#).

Fish – Tolerance Studies (Diclofenac)



Kidneys: single cell necrosis. All groups

Fish – Tolerance Studies (Diclofenac)



Gills: Clubbing

Wolf JC₁, Ruehl-Fehlert C₂, Segner HE₃, Weber K₄, Hardisty JF₅. (2014)

Based on the results of this review, findings related to diclofenac exposure included minimal to slightly increased thickening of the gill filament tips in fish exposed to the highest concentration tested (**1000 µg/L**), plus a previously undiagnosed finding, decreased hepatic glycogen, which also occurred at the 1000 µg/L dose level. The panel found little evidence to support other reported effects of diclofenac in trout, and thus the overall NOEC was determined to be >320 µg/L. By consensus, the PWG panel was able to identify diagnostic inconsistencies among and within the three prior studies; therefore this exercise demonstrated the value of the pathology peer review/PWG approach for assessing the reliability of histopathology results that may be used by regulatory agencies for risk assessment.

Too many wrong reported findings in literature!

Toxicol Pathol. 2015 Apr;43(3):297-325. doi: 10.1177/0192623314540229.
Epub 2014 Aug 11.

Nonlesions, misdiagnoses, missed diagnoses, and other interpretive challenges in fish histopathology studies: a guide for investigators, authors, reviewers, and readers.

Wolf JC¹, Baumgartner WA², Blazer VS³, Camus AC⁴, Engelhardt JA⁵, Fournie JW⁶, Frasca S Jr⁷, Groman DB⁸, Kent ML⁹, Khoo LH¹⁰, Law JM¹¹, Lombardini ED¹², Ruehl-Fehlert C¹³, Segner HE¹⁴, Smith SA¹⁵, Spitsbergen JM¹⁶, Weber K¹⁷, Wolfe MJ¹⁸.

The Problem of Differentiation

Differentiated gonorchists

PGC differentiate directly
into oocytes or into
spermatogonia:

Medaka, Fathead Minnow



The Problem of Differentiation

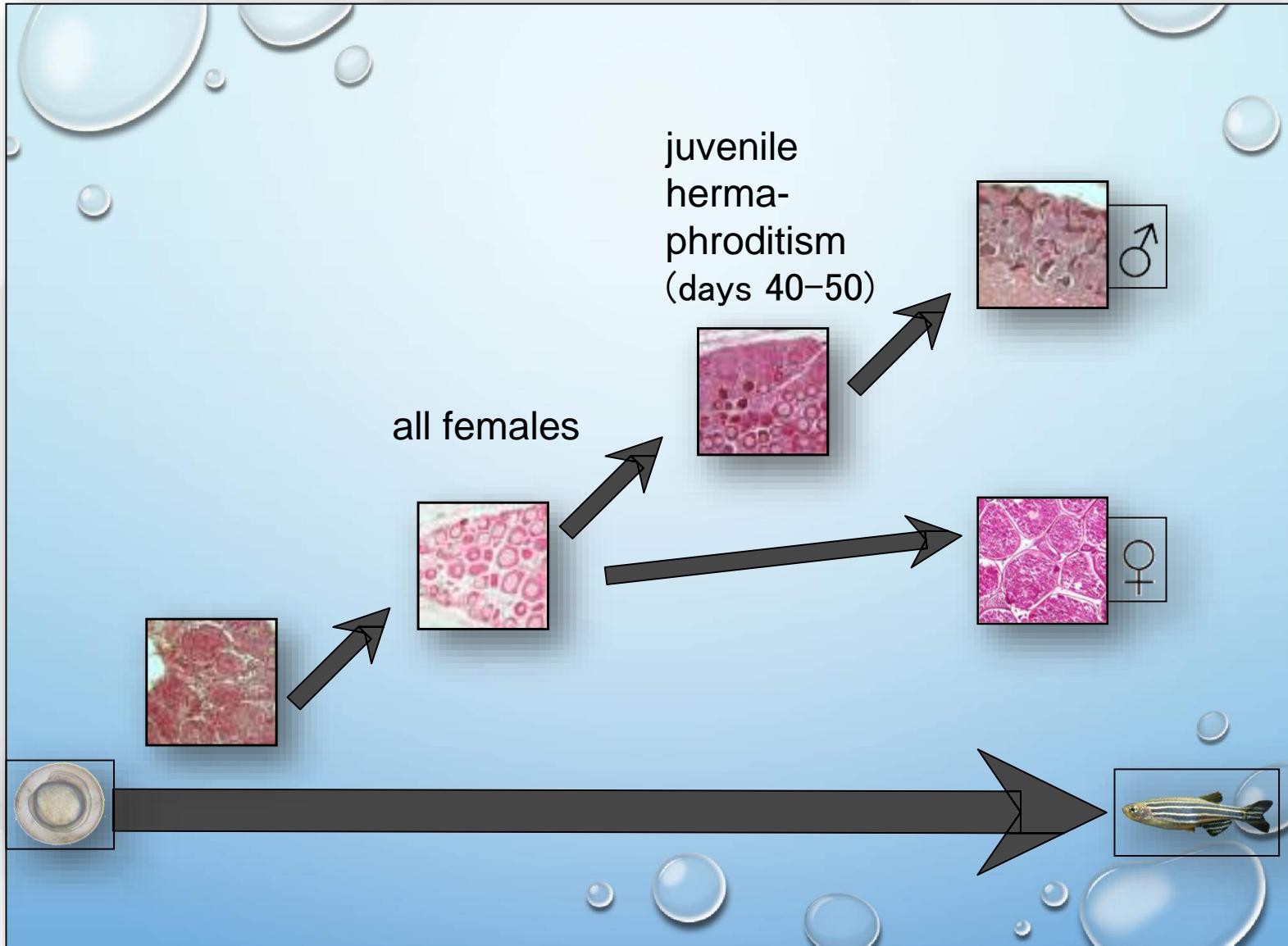
Undifferentiated gonorchists:

PGC appear to differentiate at first into ovary-like gonad and thereafter in approx. 50% of animals into testes):

Guppy, Zebrafish



The Problem of Differentiation



The Problem of Differentiation



Hermaphrodite



Juvenile Hermaphrodite

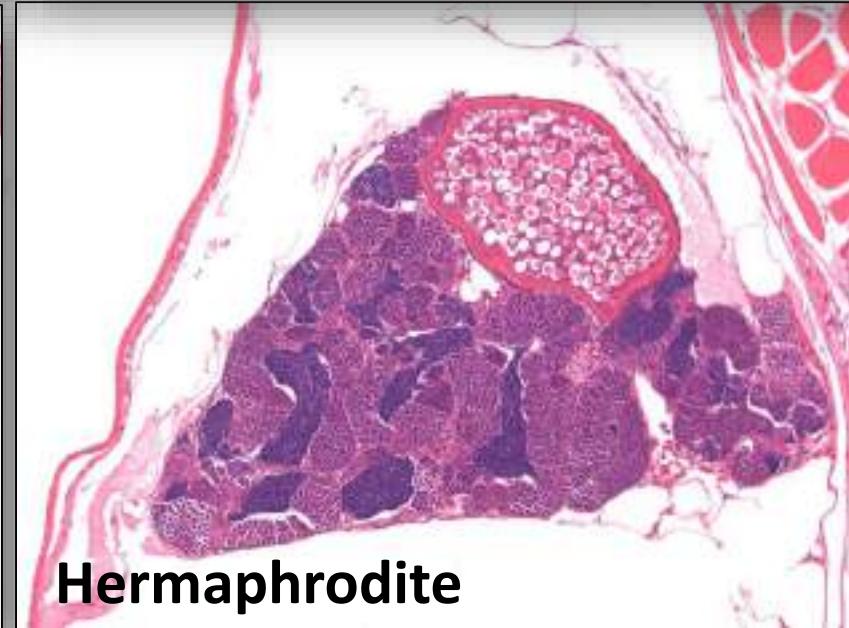
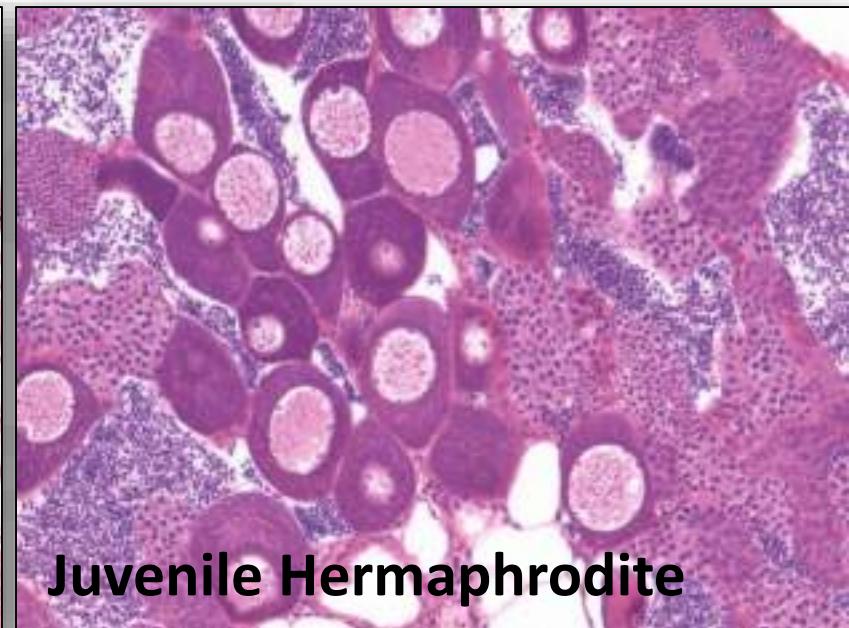


Hermaphrodite



Juvenile Hermaphrodite

Ovarioatestes vs maturation



Immature Fish: Indifferent: Mesenteric Attachments



Presumptive Male



Presumptive Male

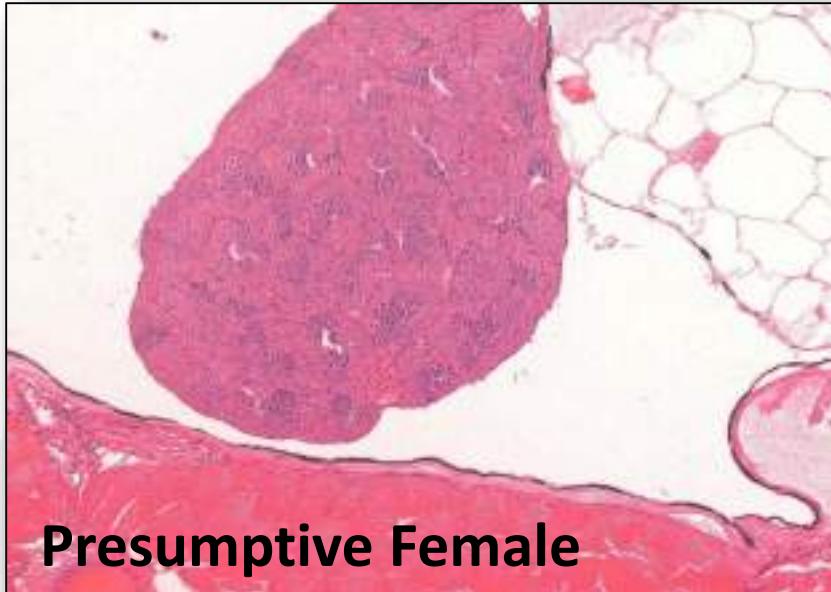


Presumptive Male

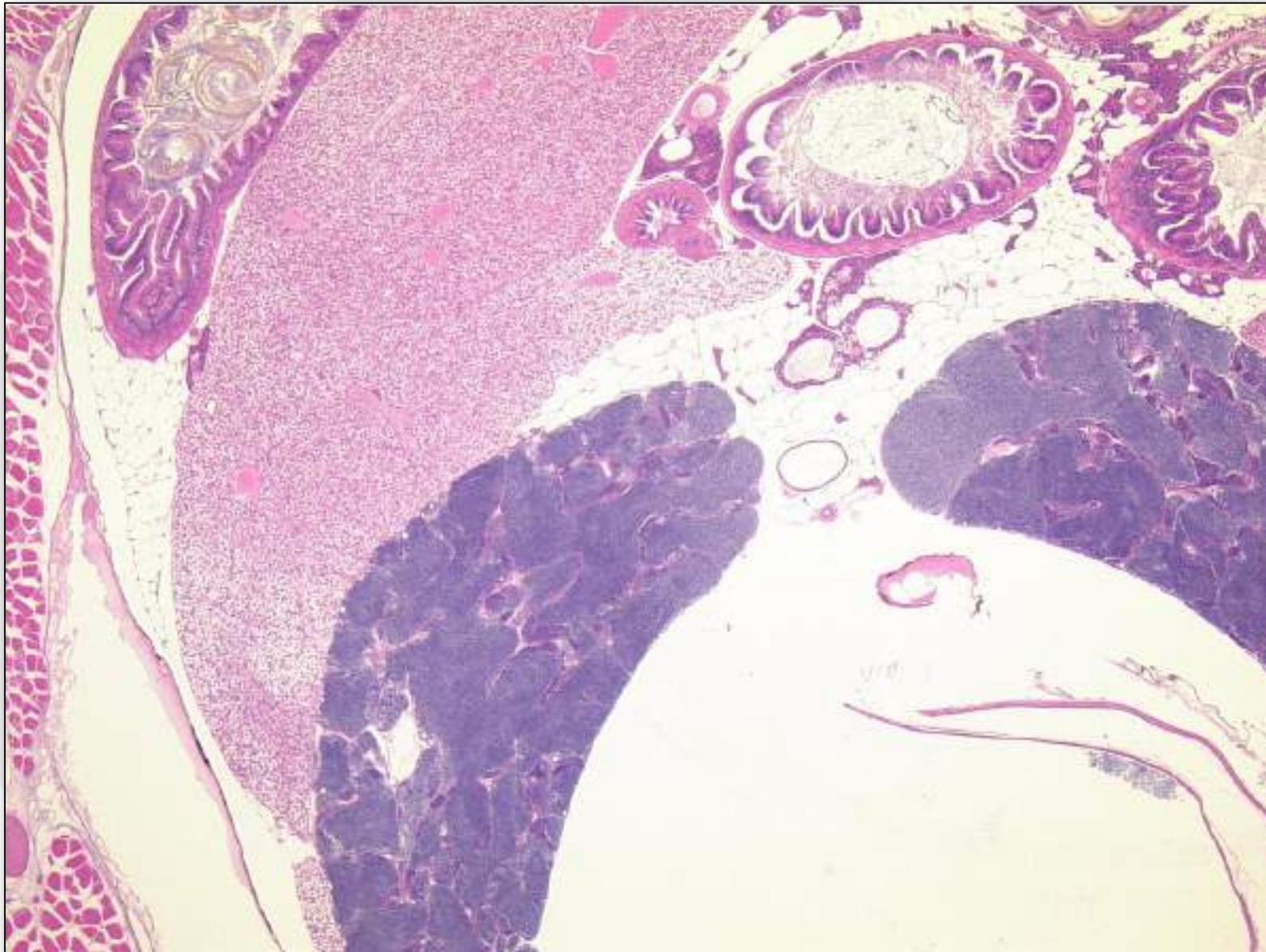


Presumptive Female

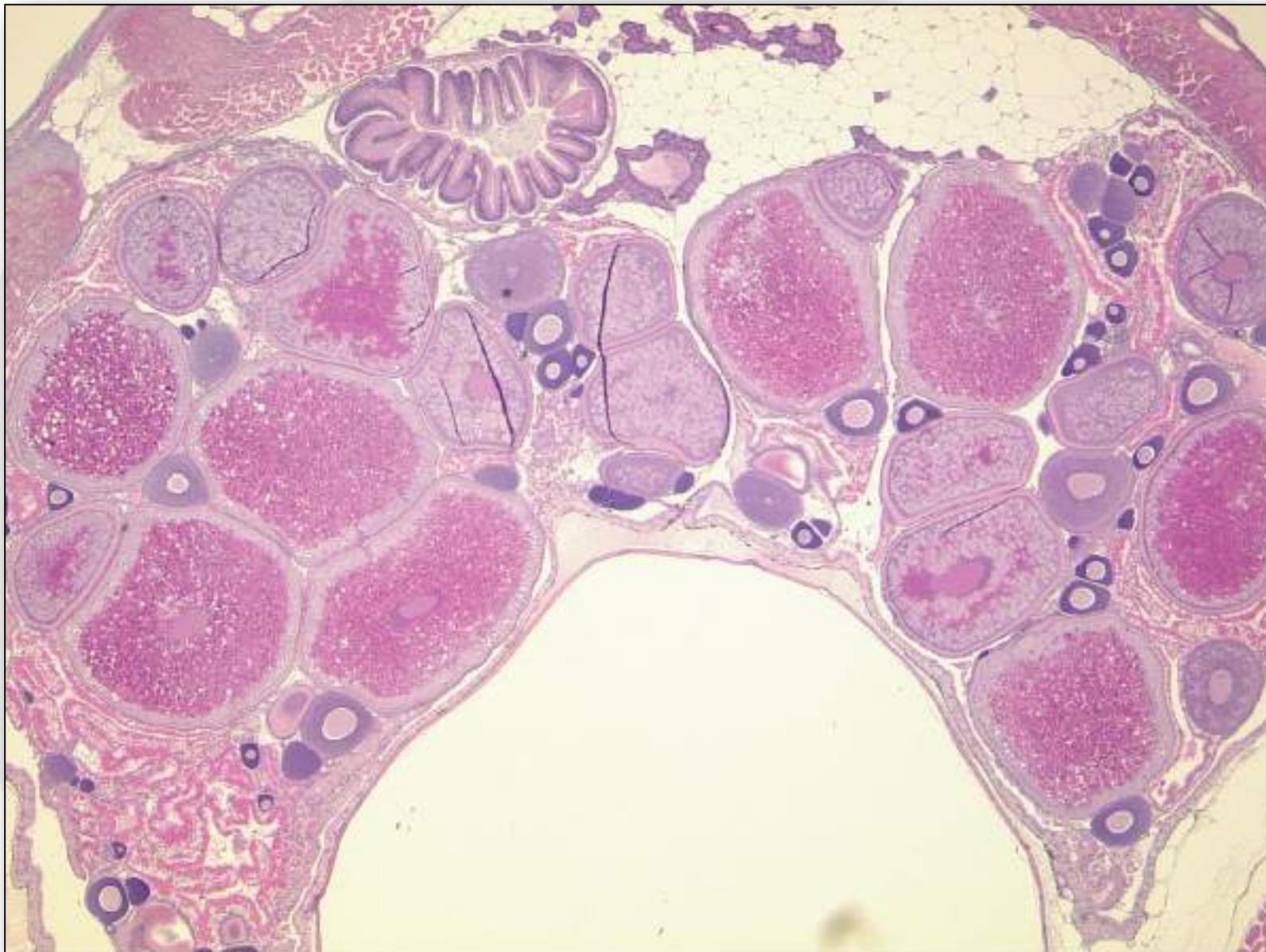
The Problem of Differentiation: Immature



Normal Histology – Males (Fathaed Minnow)

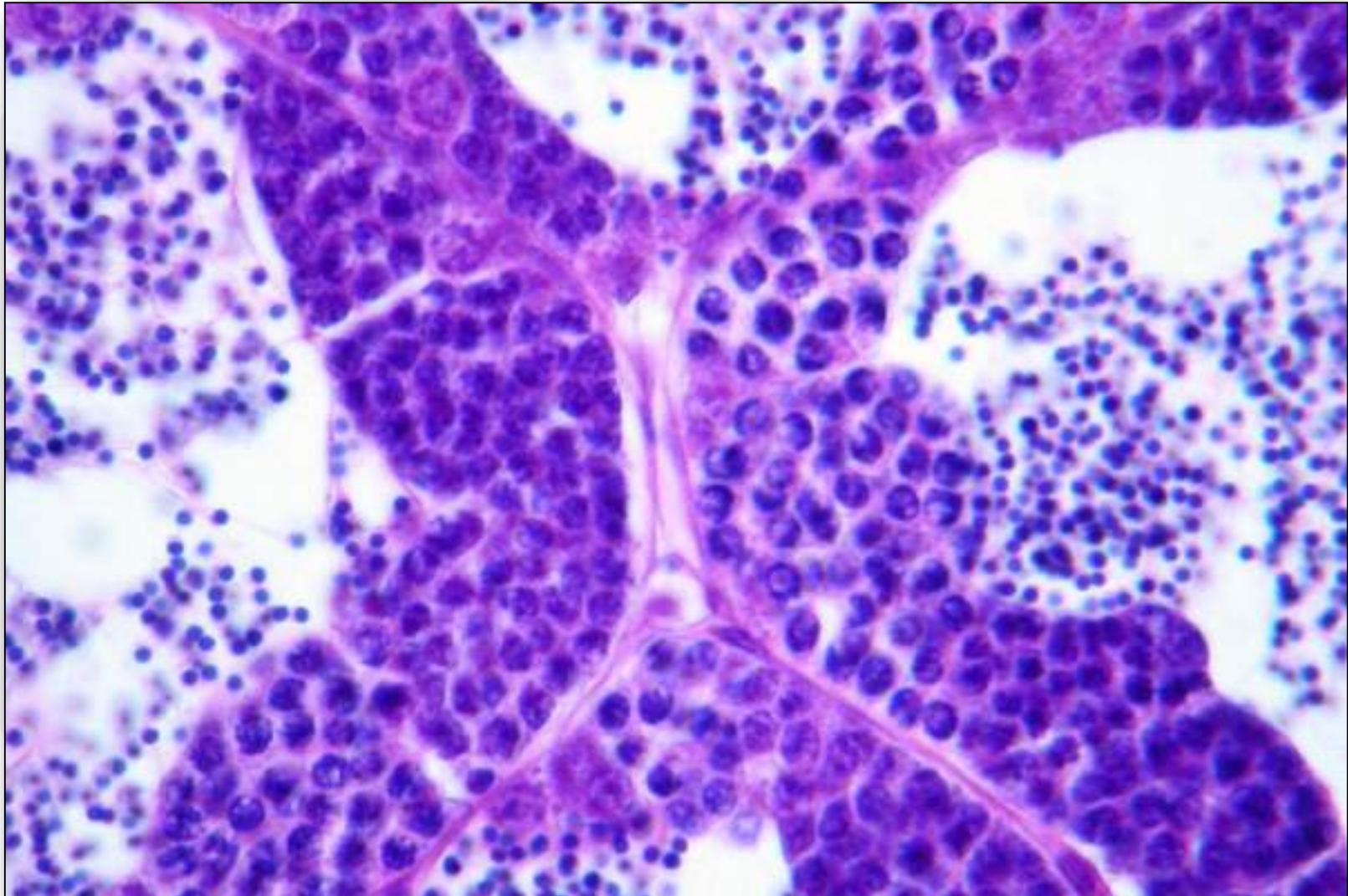


Normal Histology – Females (Fathead Minnow)



Histology – Males (Fathead Minnow)

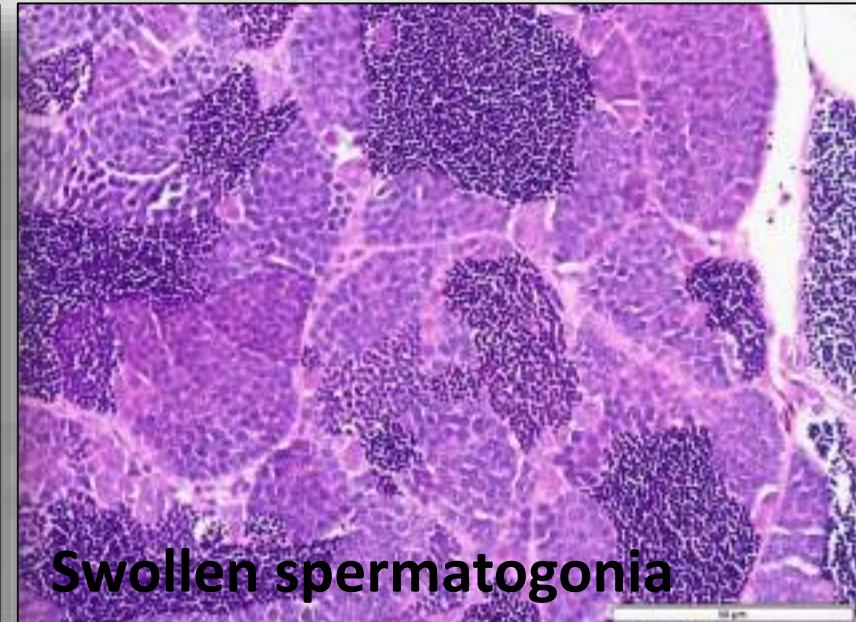
Control: stage 3.
Interstitial cells rare or not visible



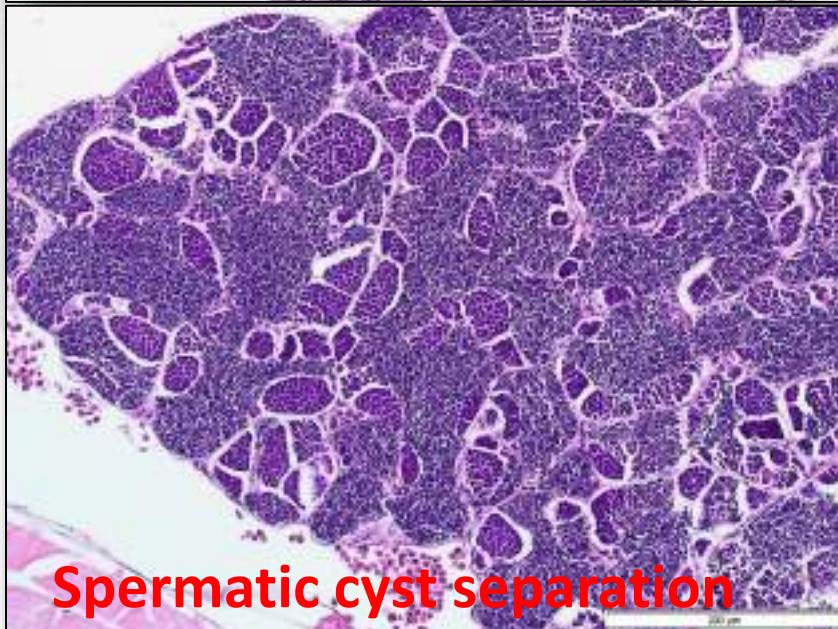
Wrong Fixation. Formalin.



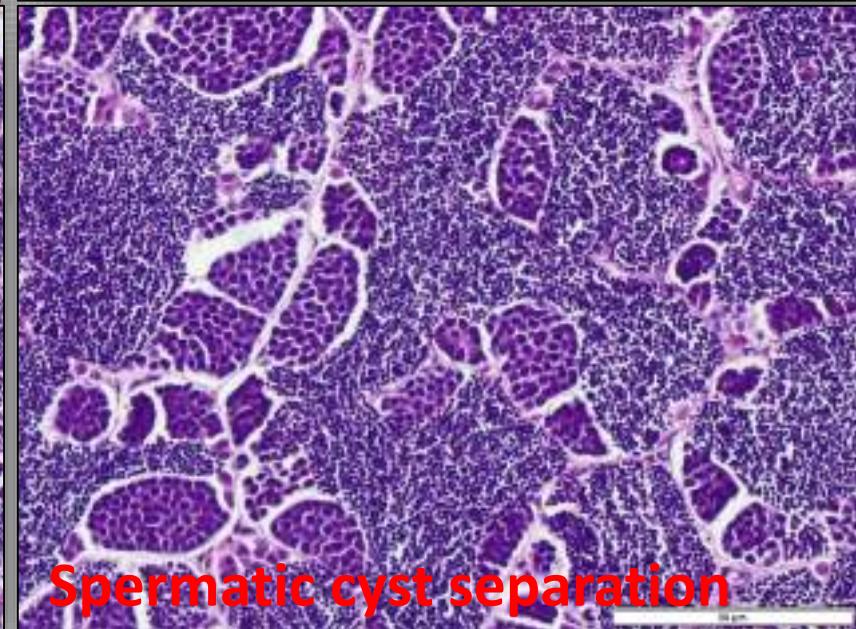
Swollen spermatogonia



Swollen spermatogonia



Spermatic cyst separation



Spermatic cyst separation

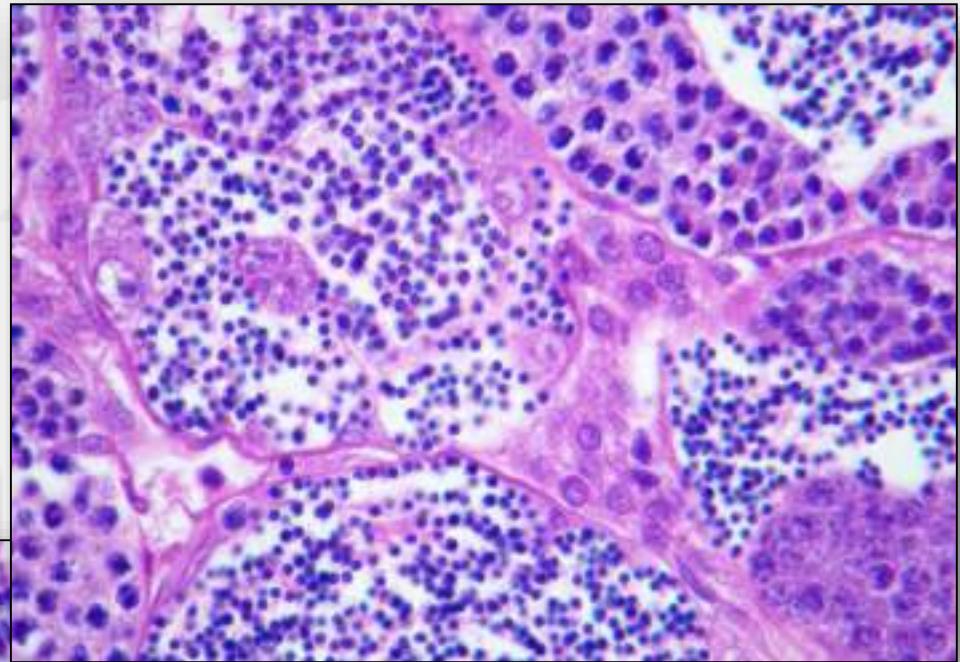
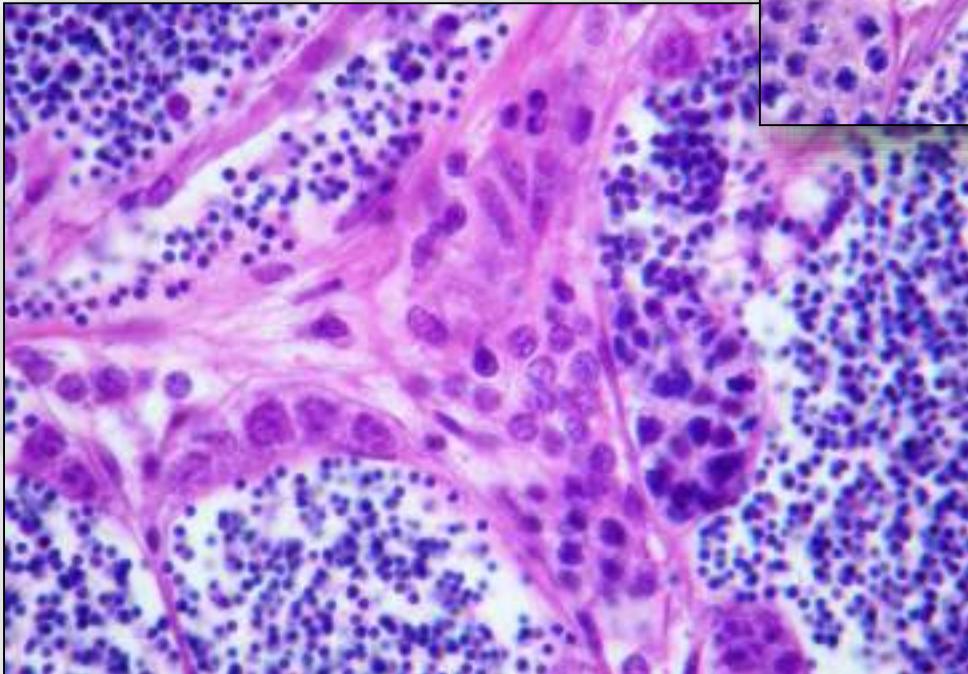


Reproductive Organs: Induced.

Histology – Males. Aromatase-Inhibitors

Prochloraz: 300 µg/L,
stage 3.

Multifocal interstitial cell
hyperplasia in several
animals



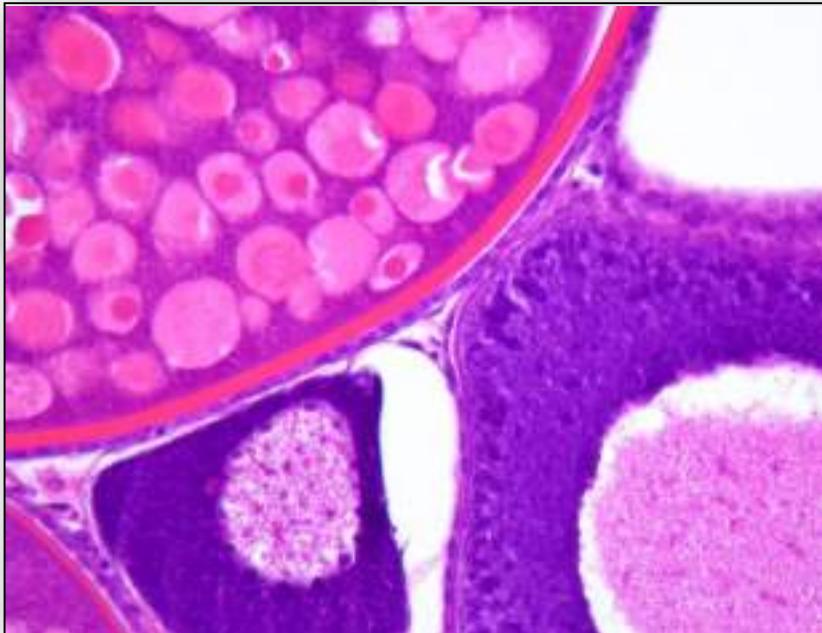
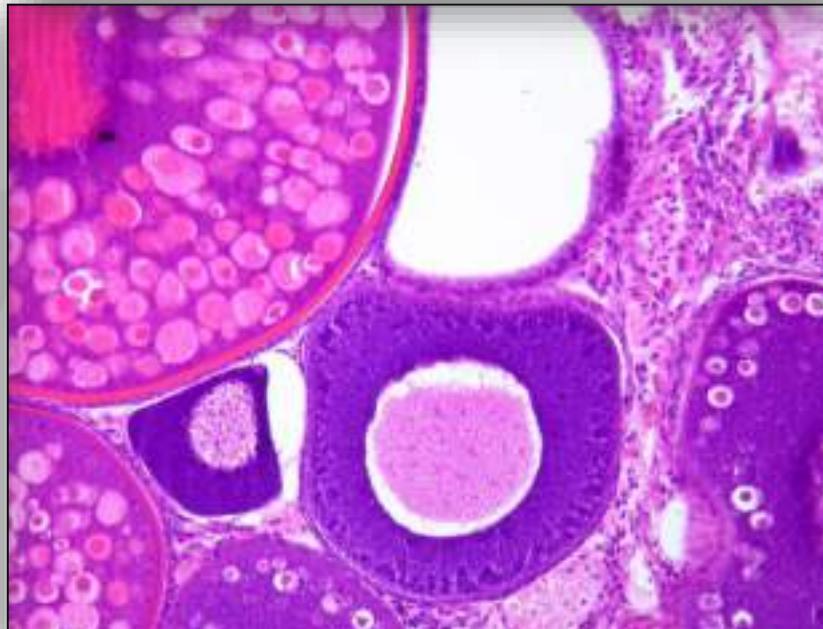
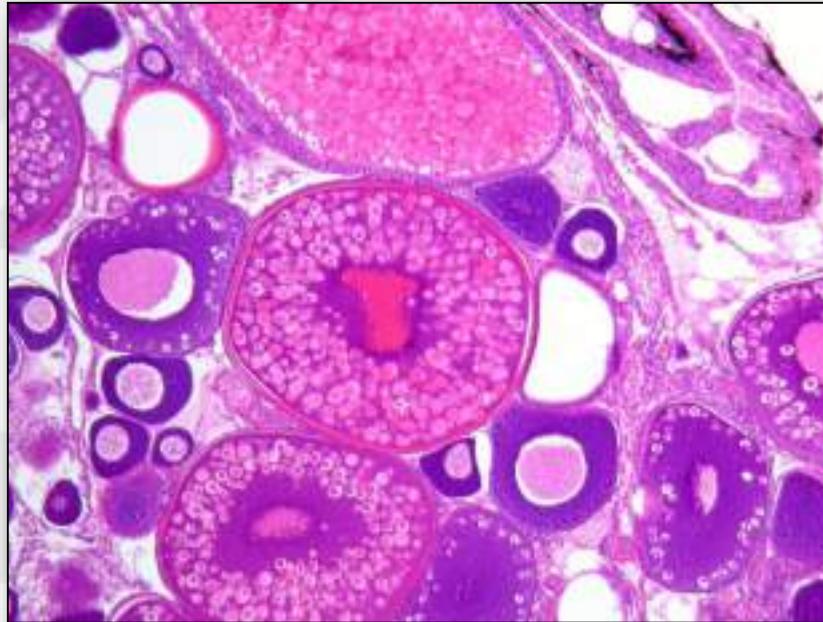
Fadrazole: 100 µg/L,
stage 2.

Multifocal interstitial cell
hyperplasia/hypertrophy in
several animals

Histology – Females (Fathead Minnow)

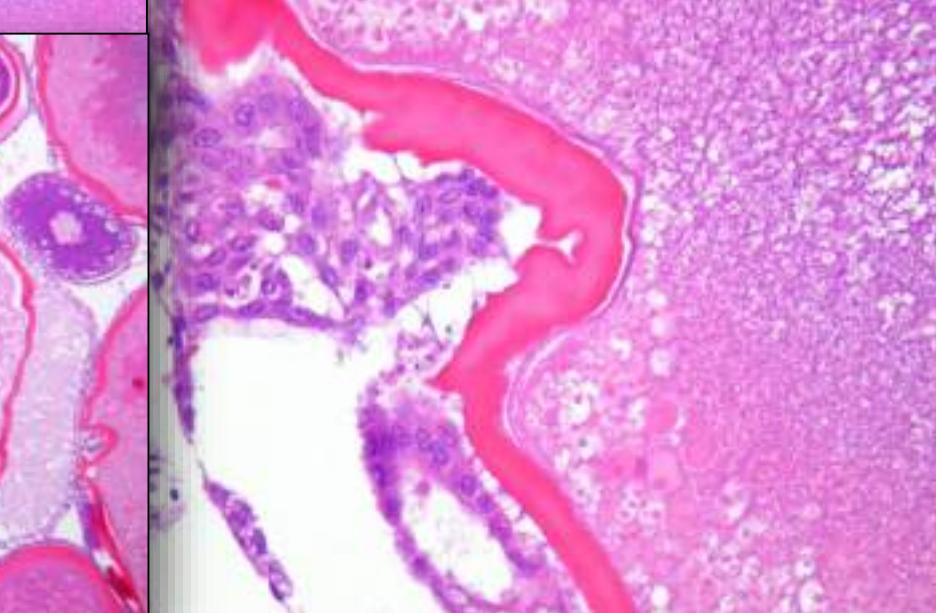
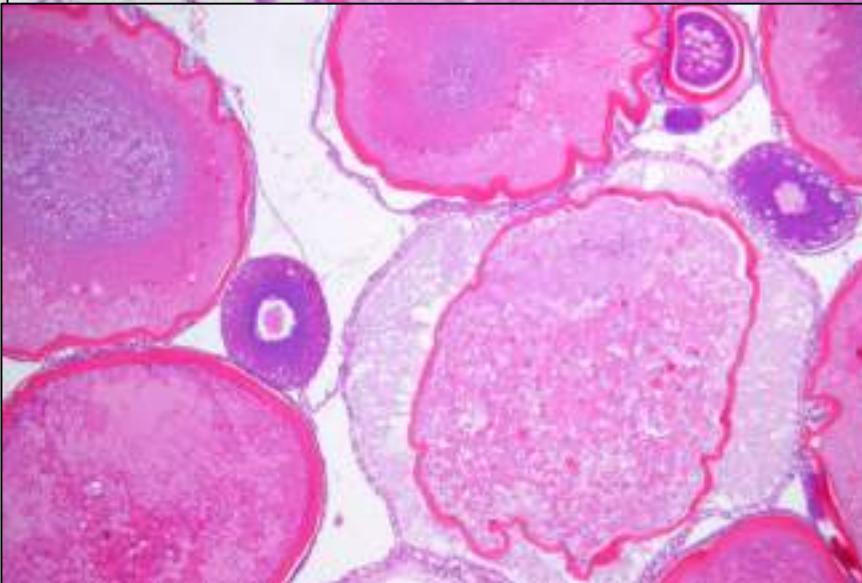
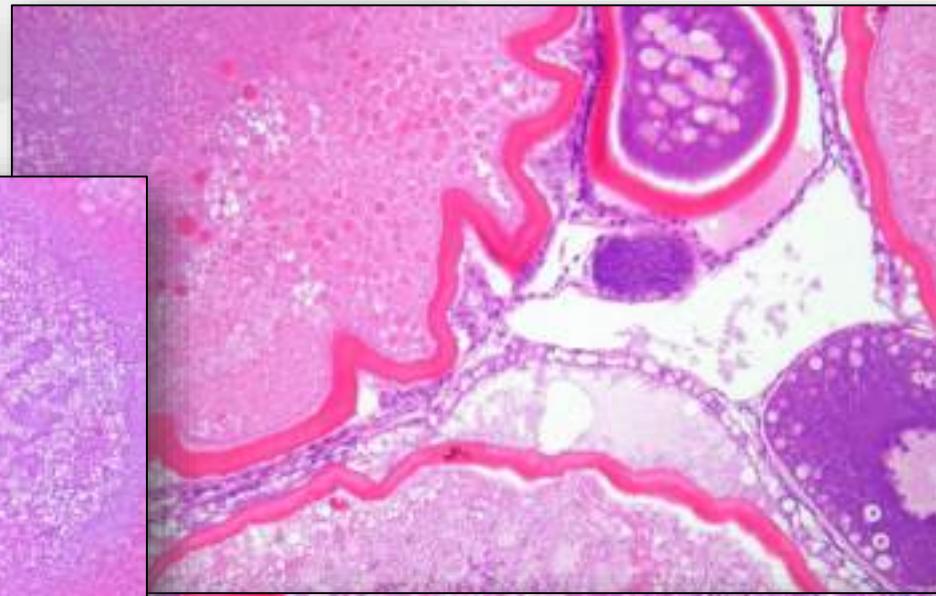
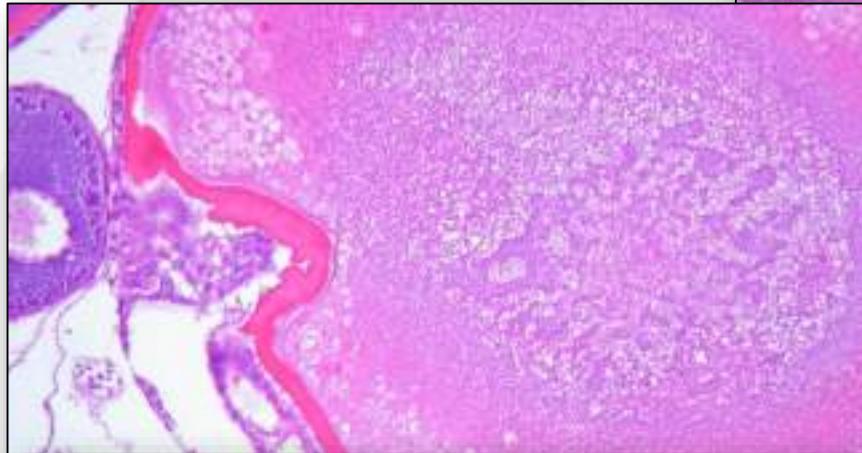
Control: stage 2

Half of follicles are early or mid-vitellogenic

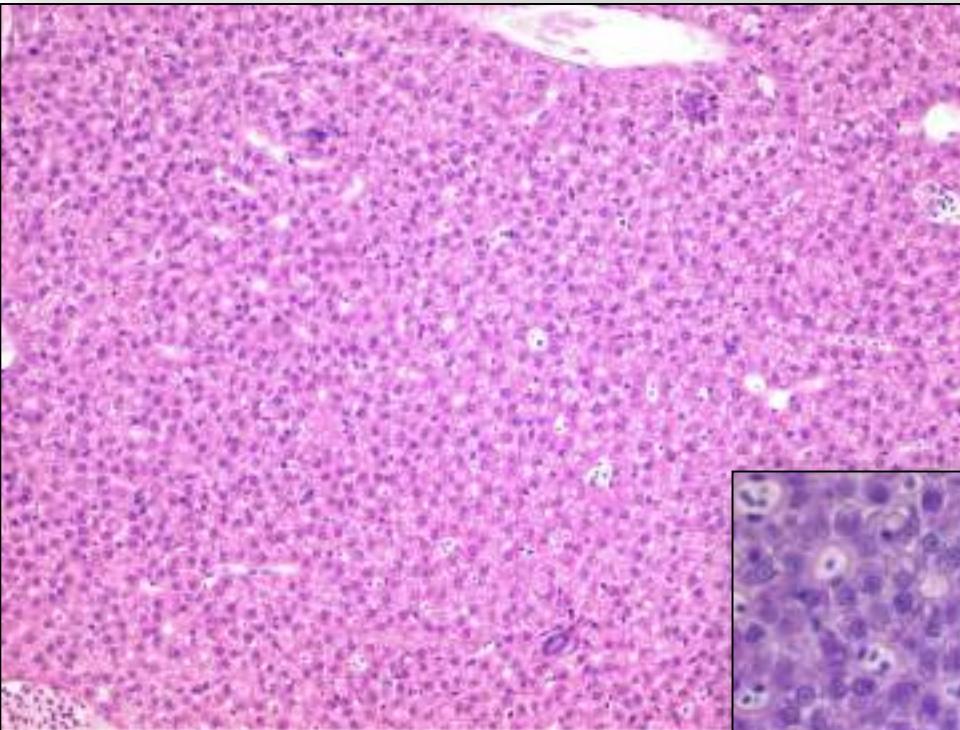


Histology – Females. Aromatase-Inhibitors

Fadrozole: Increased atresia

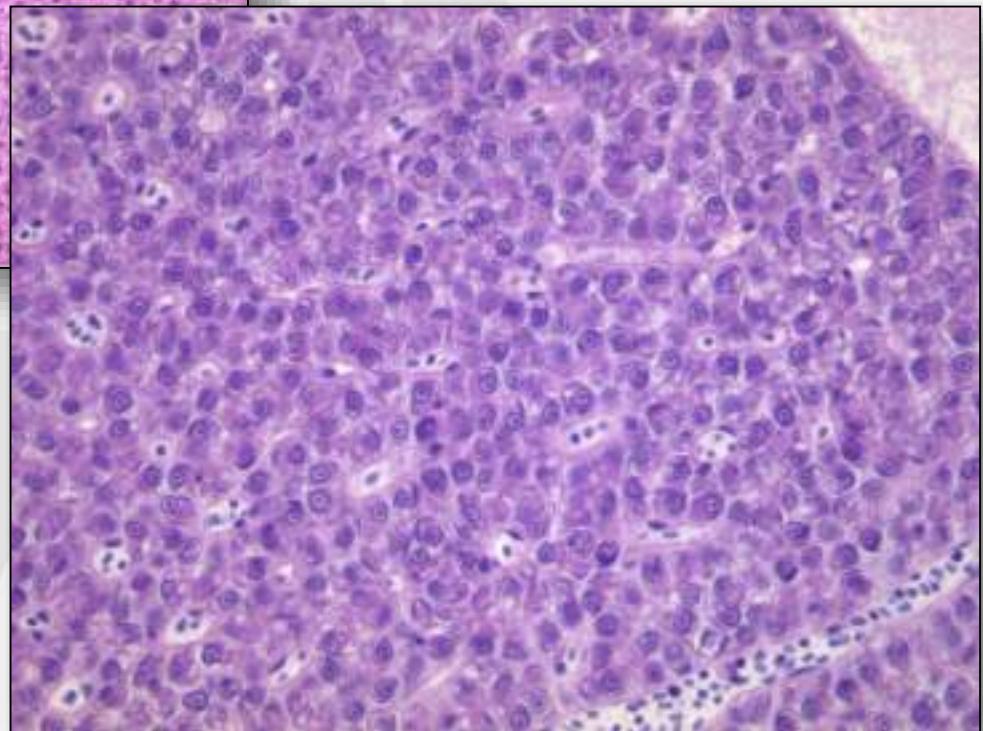


Effects by Estrogen in Other Organs

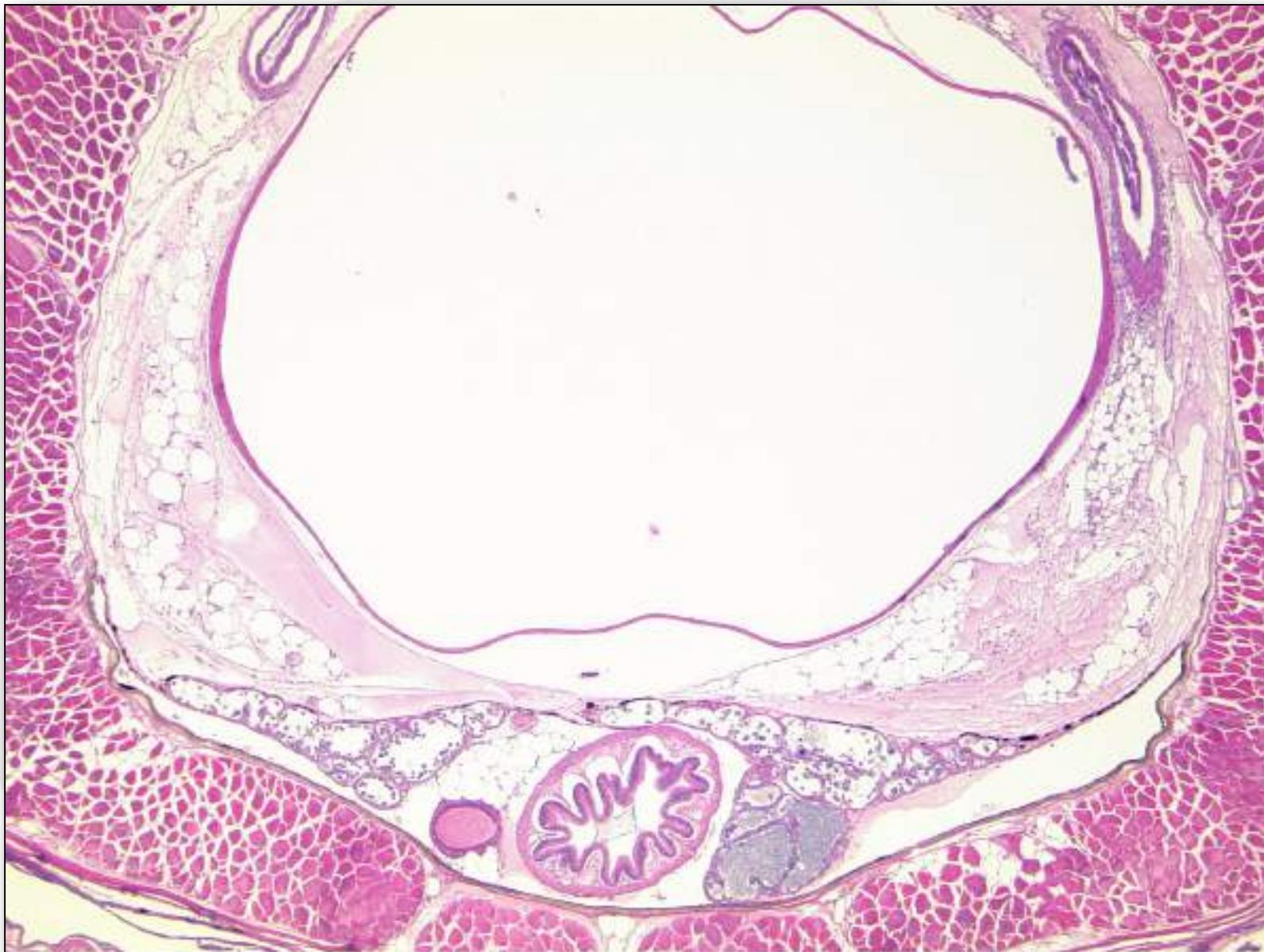


**Liver: Control.
Female**

**Liver: Increased basophilia
(increased Metabolism)**



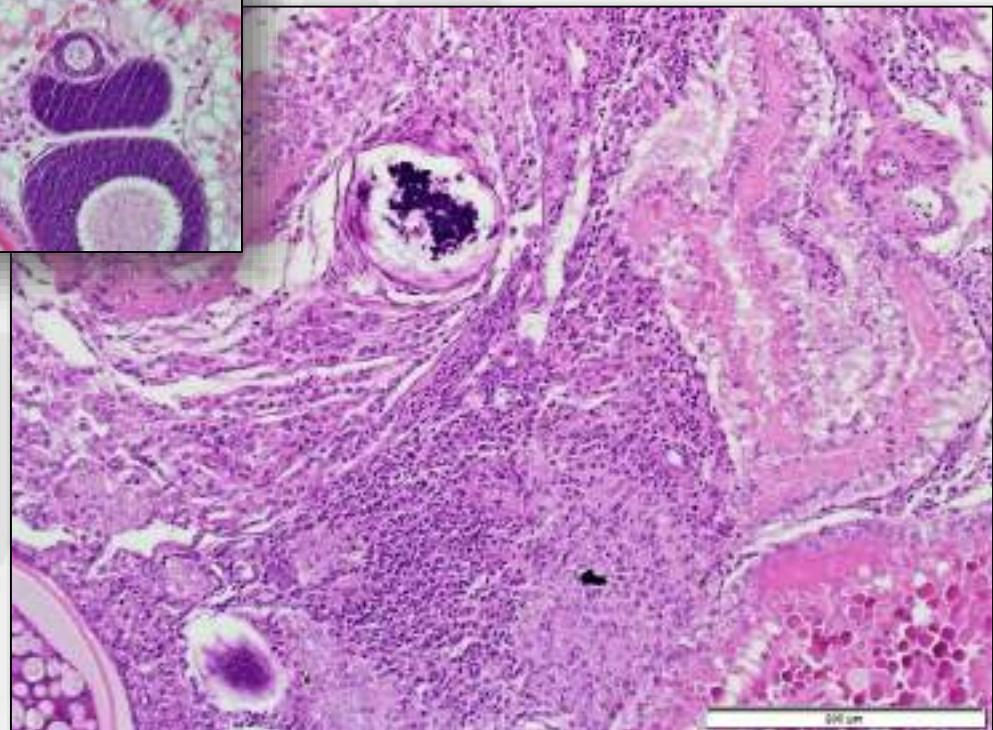
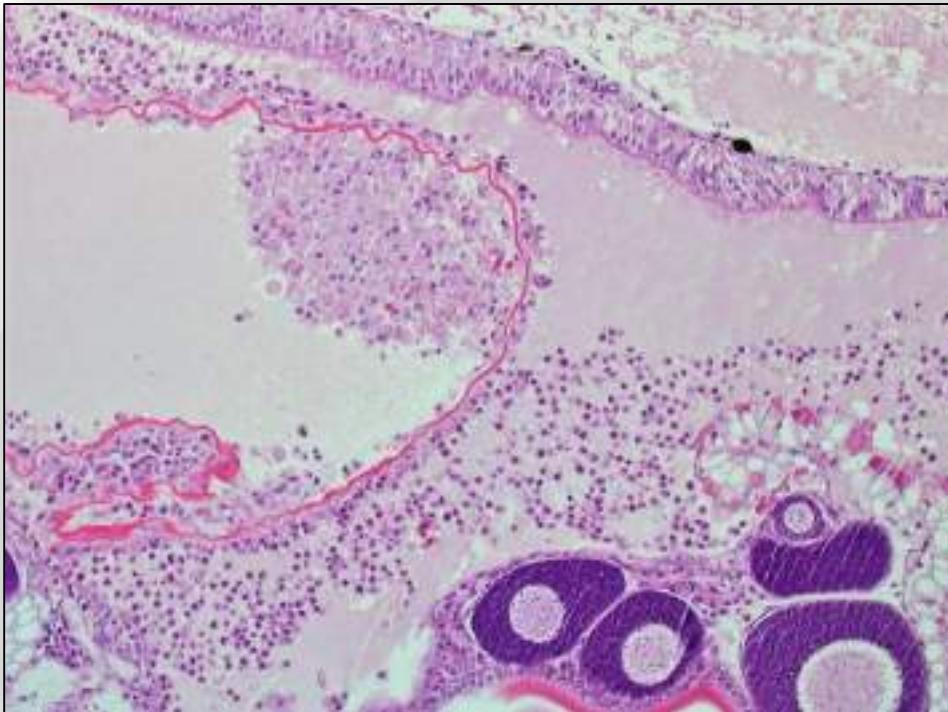
Effect by Anti-Estrogenic Compound



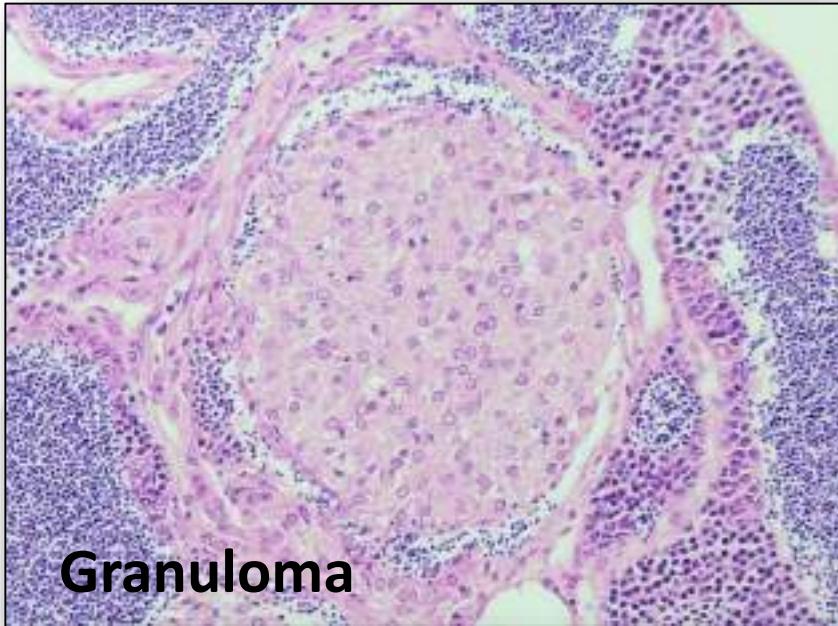


**Background Alterations
of Minor Significance.**

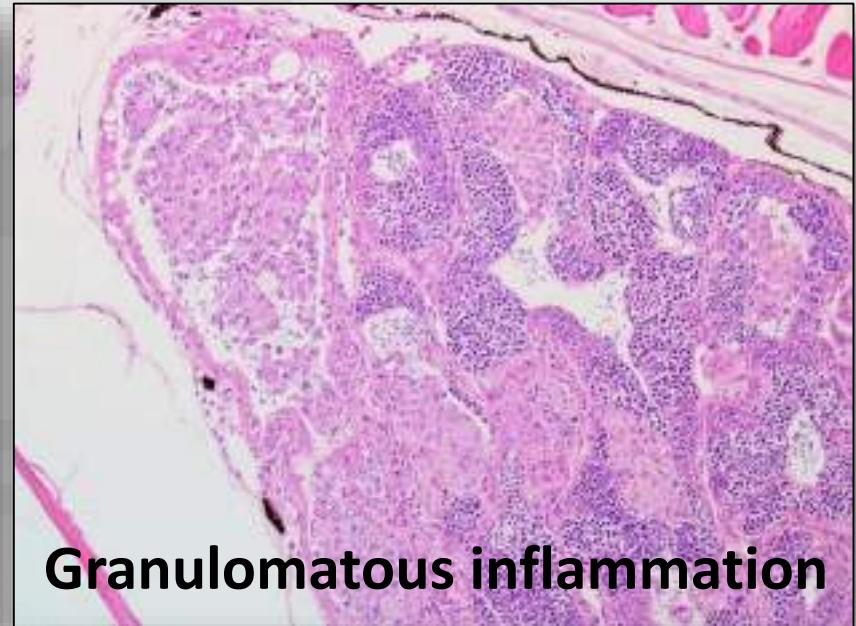
Background. Ovaries. Inflammation



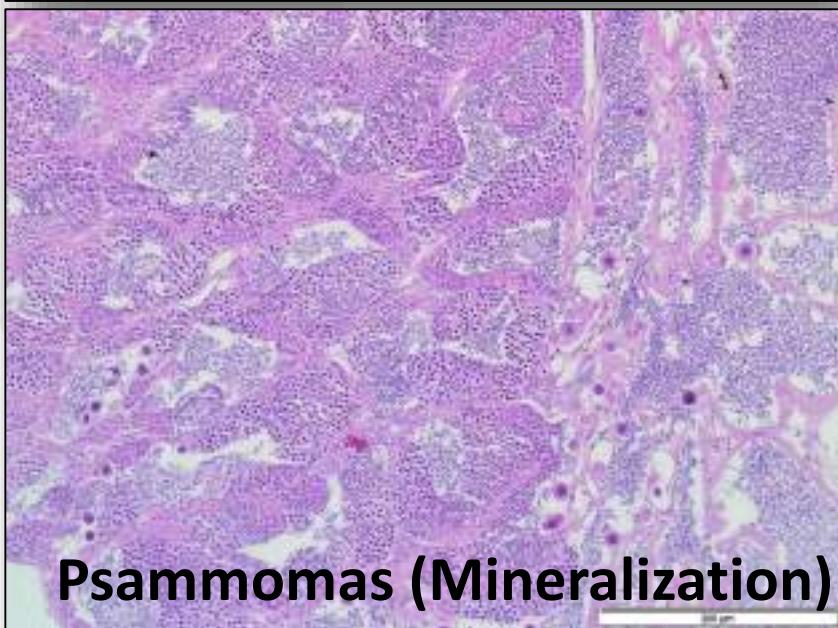
Background. Testes



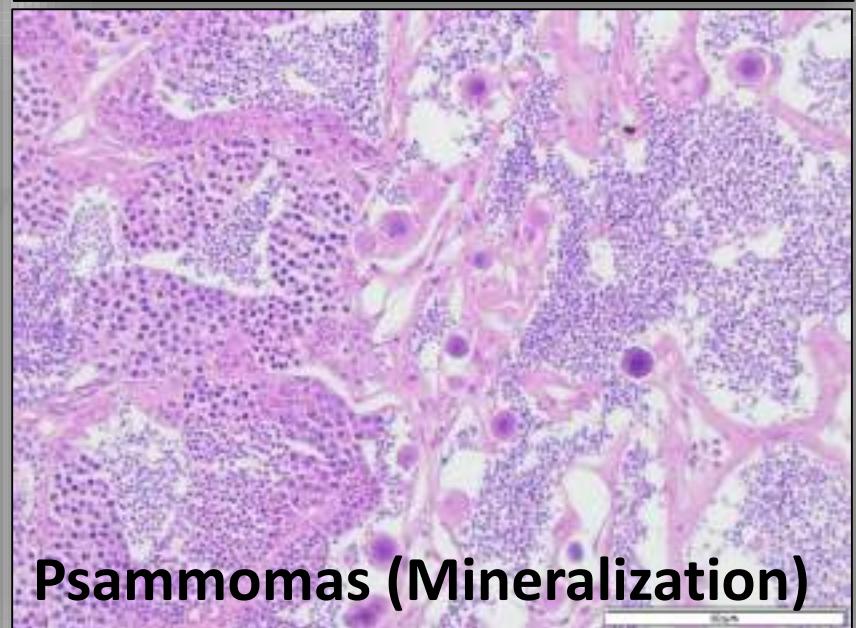
Granuloma



Granulomatous inflammation

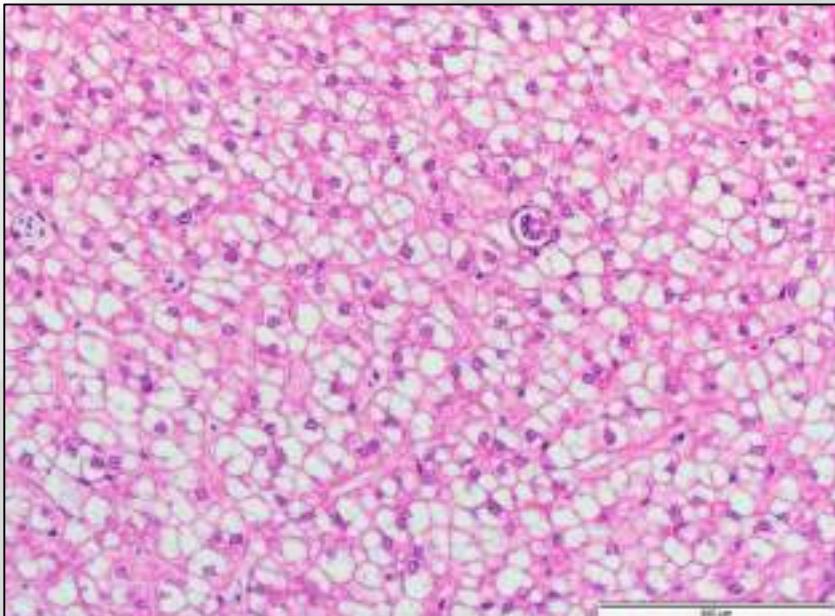


Psammomas (Mineralization)



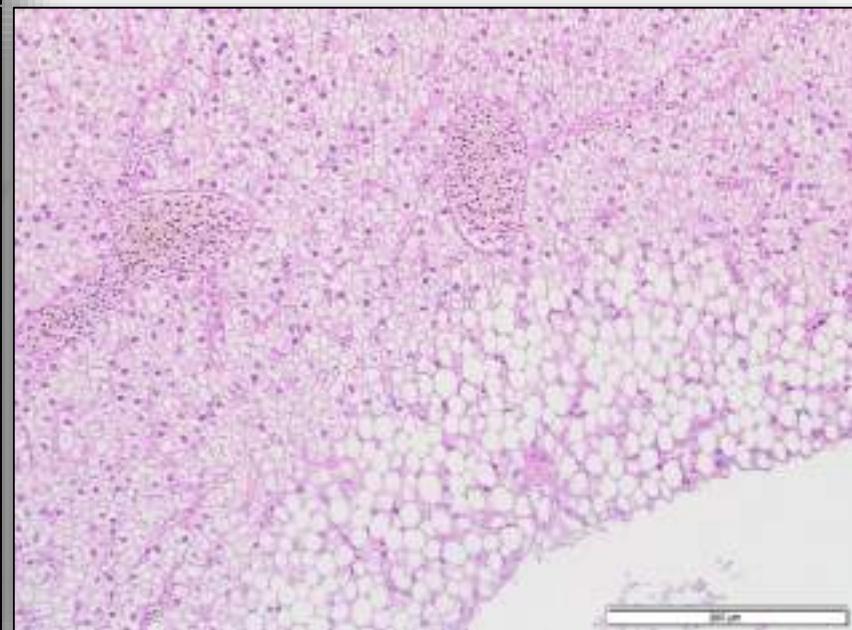
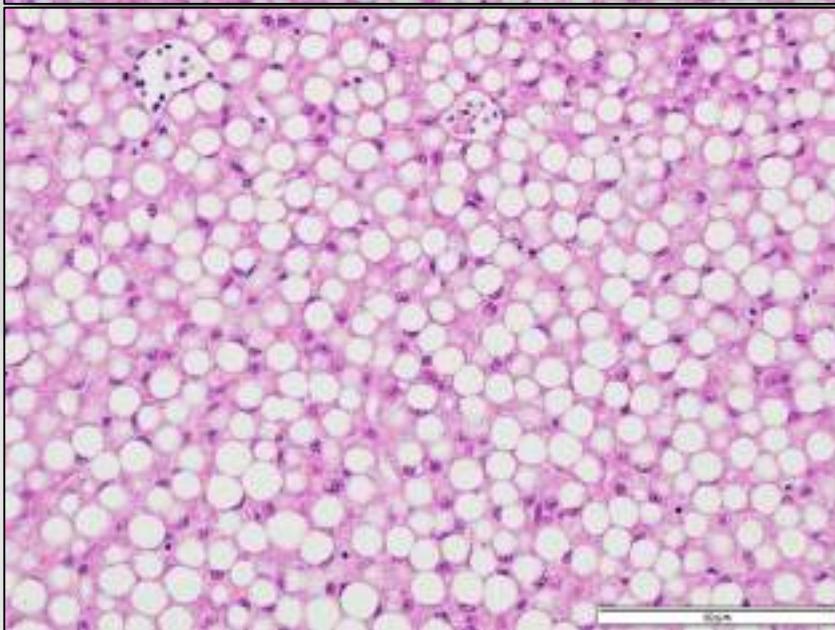
Psammomas (Mineralization)

Background. Liver.

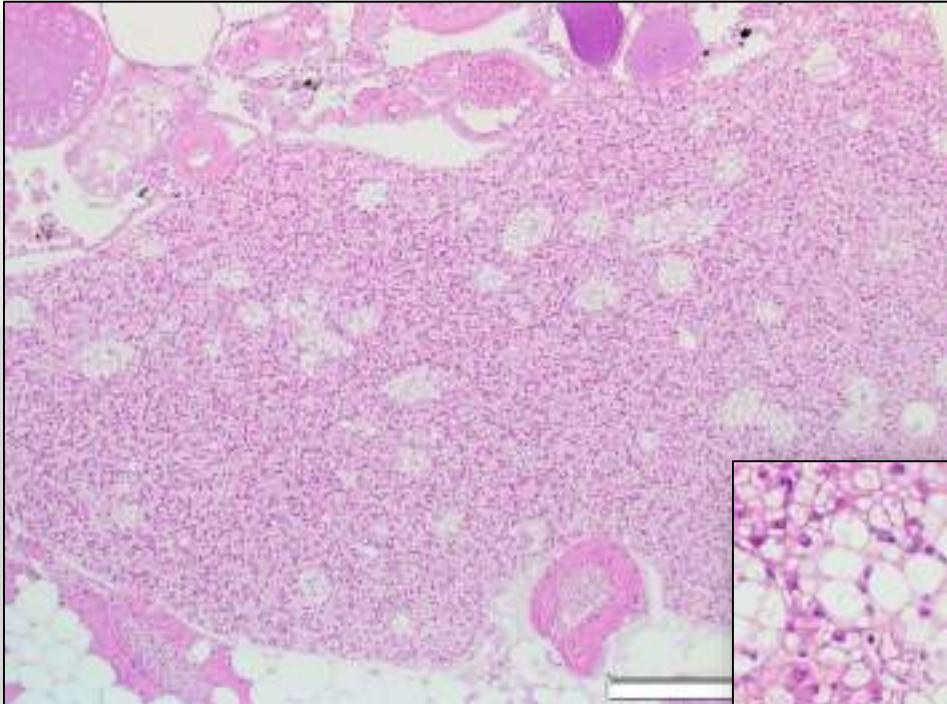


Male: Control.

Vacuolation (fatty change
may be diffuse or focally
increased.)

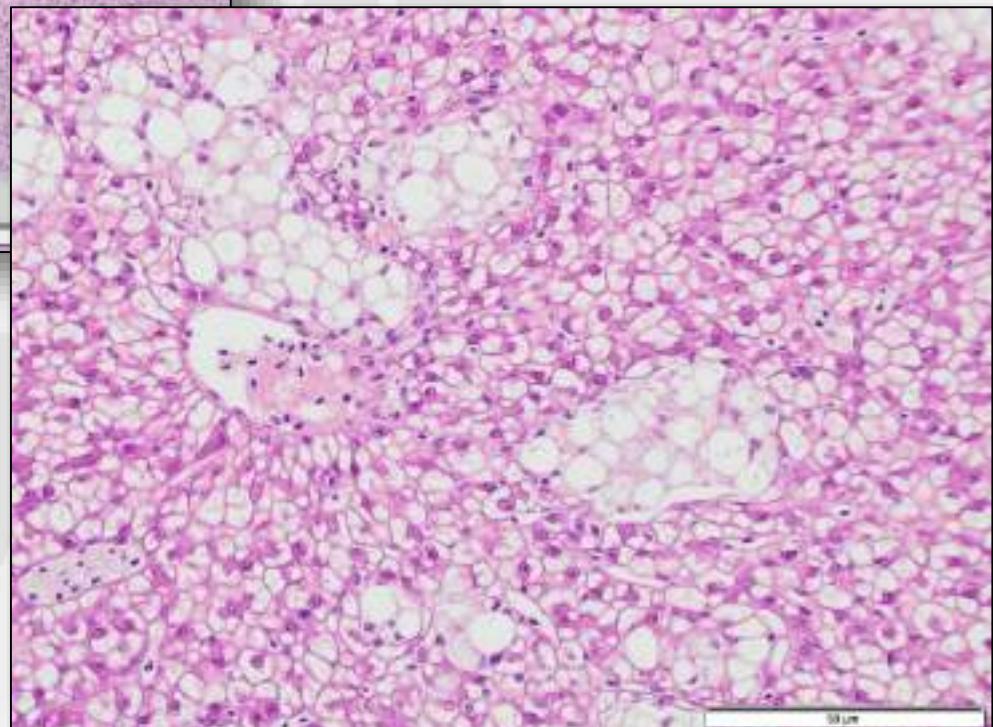


Background: Liver.

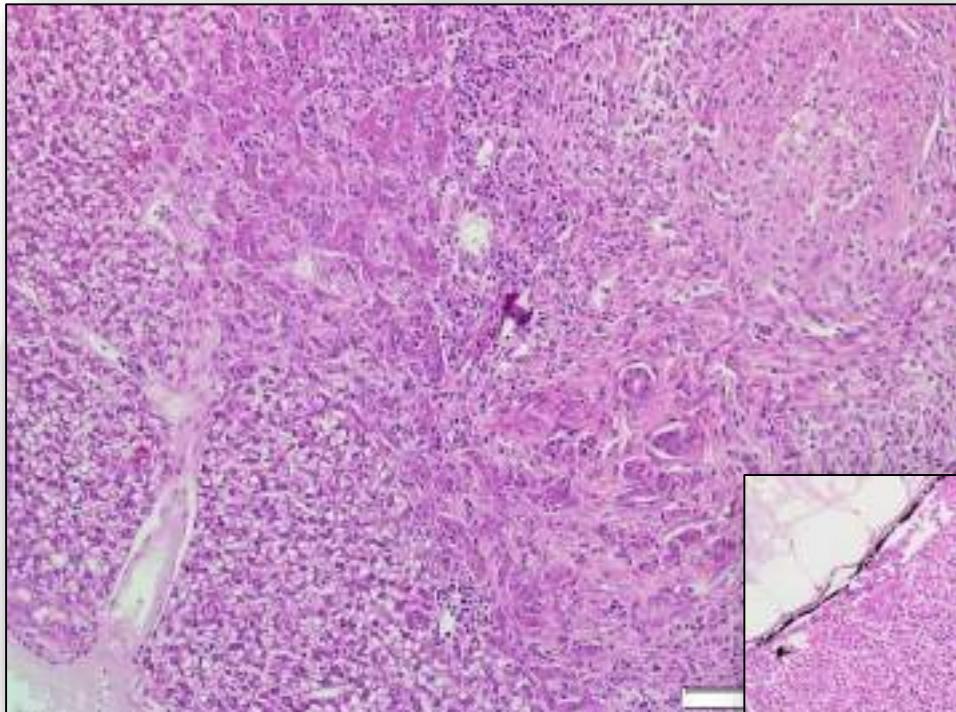


Male:
**Multifocal increased
vacuolation.**

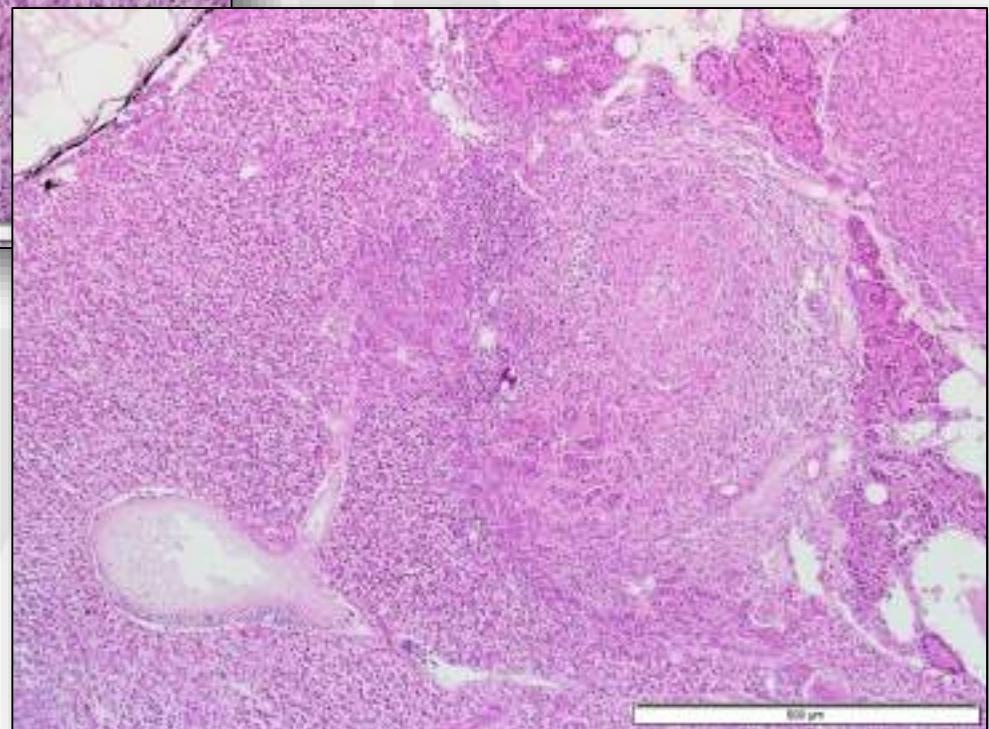
Male:
**Formation of
granuloma-like lesions.**



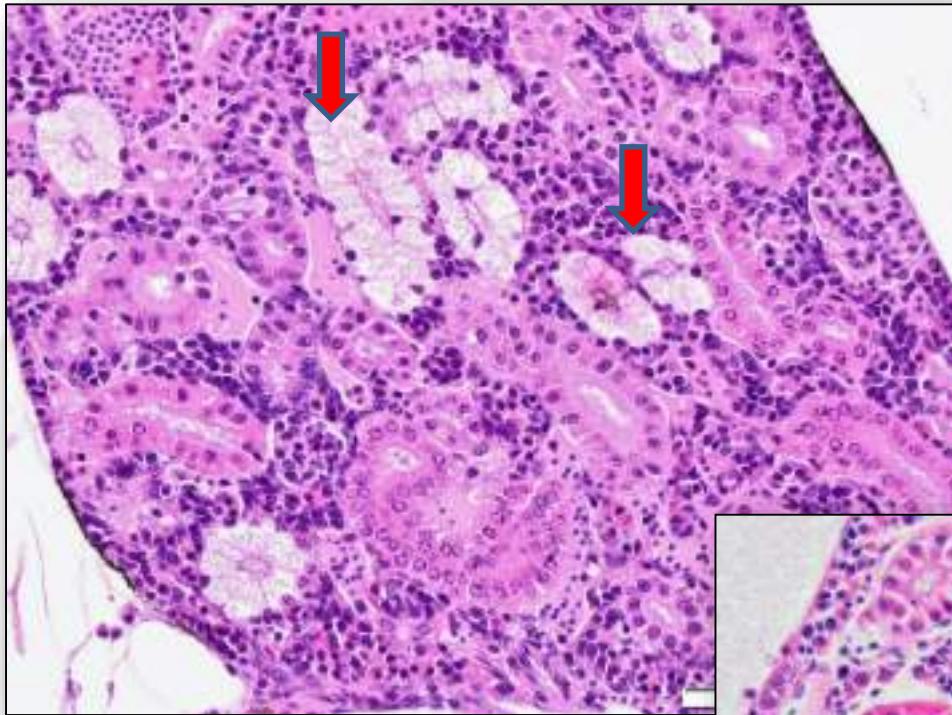
Background. Liver.



**Female:
Chronic inflammation.**

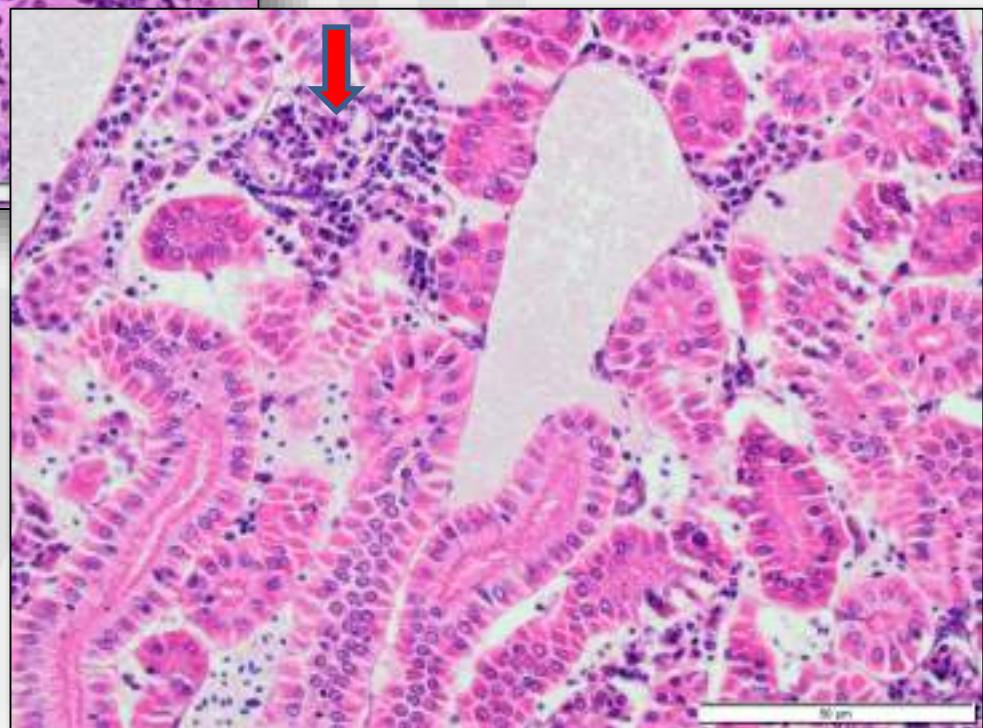


Background. Kidney



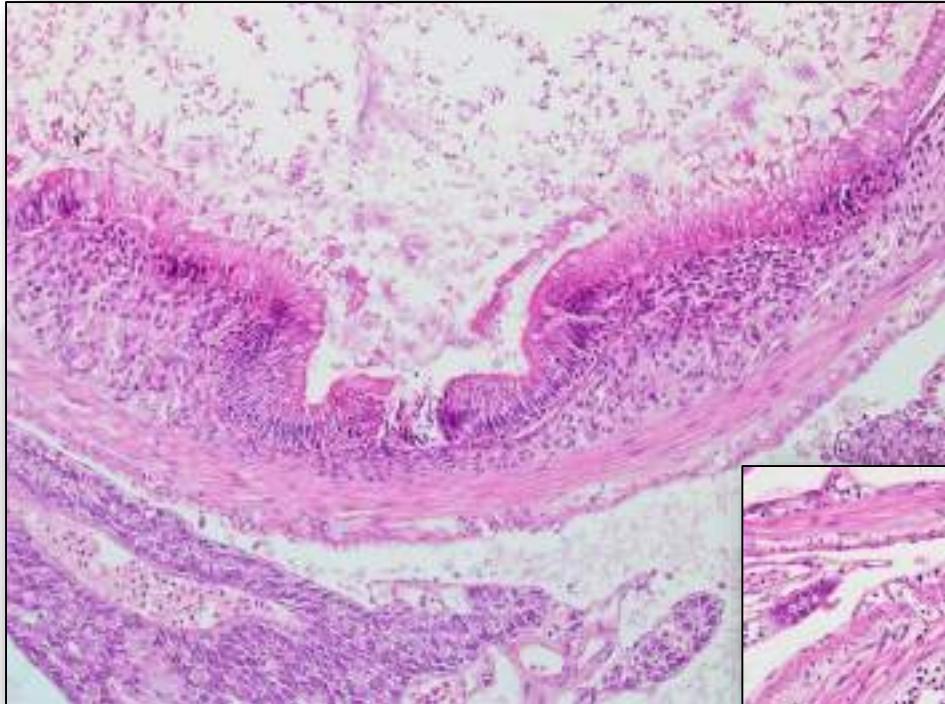
Normal. Transition Head/Trunk kidney.

Note: proximal tubules (arrow).
Hemopoiesis.



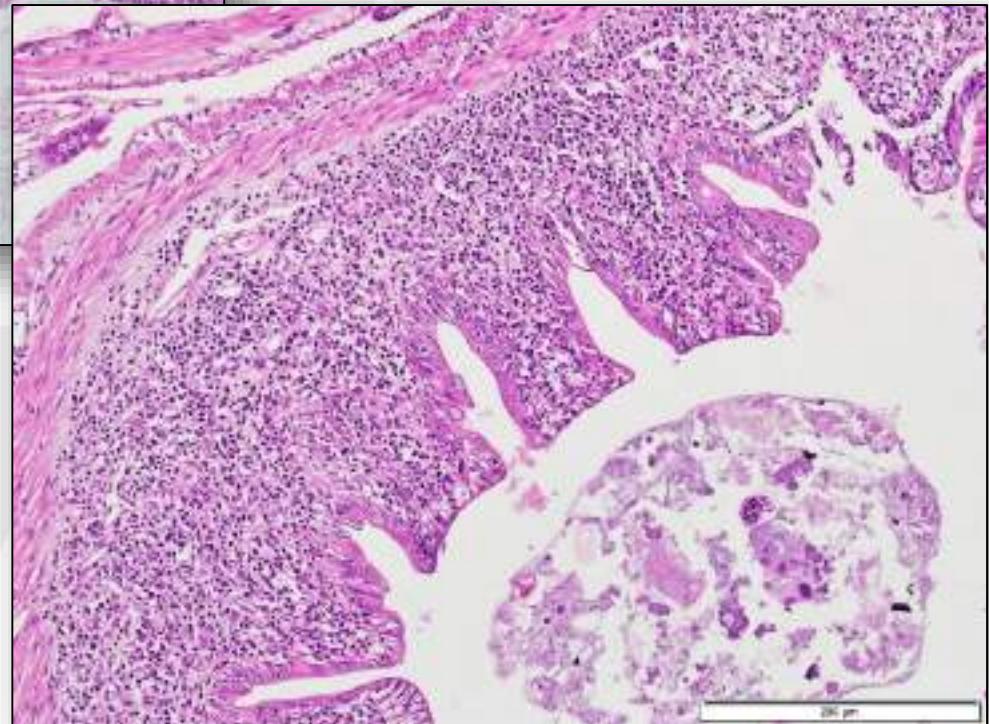
Mononuclear cell focus.

Background. Intestine

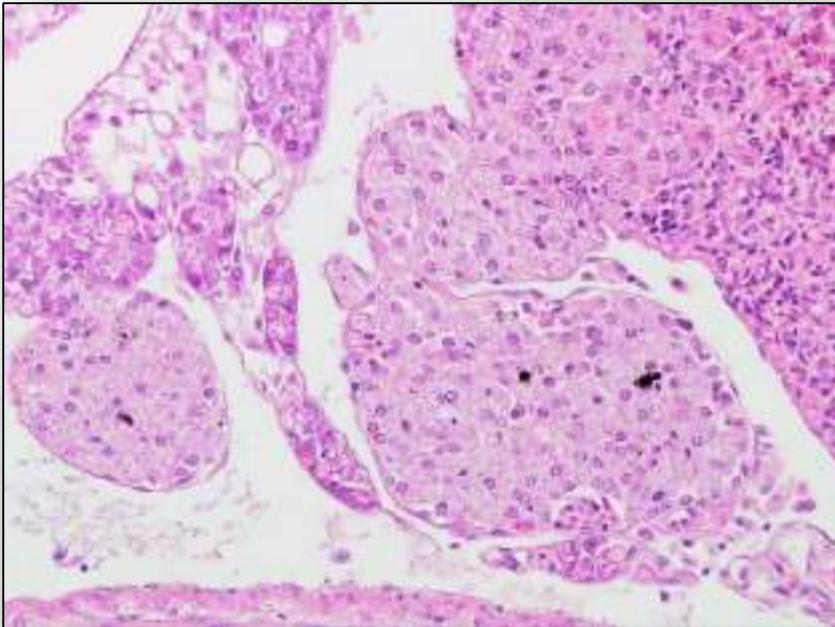


**Foregut.
Focal inflammation in
submucosa.**

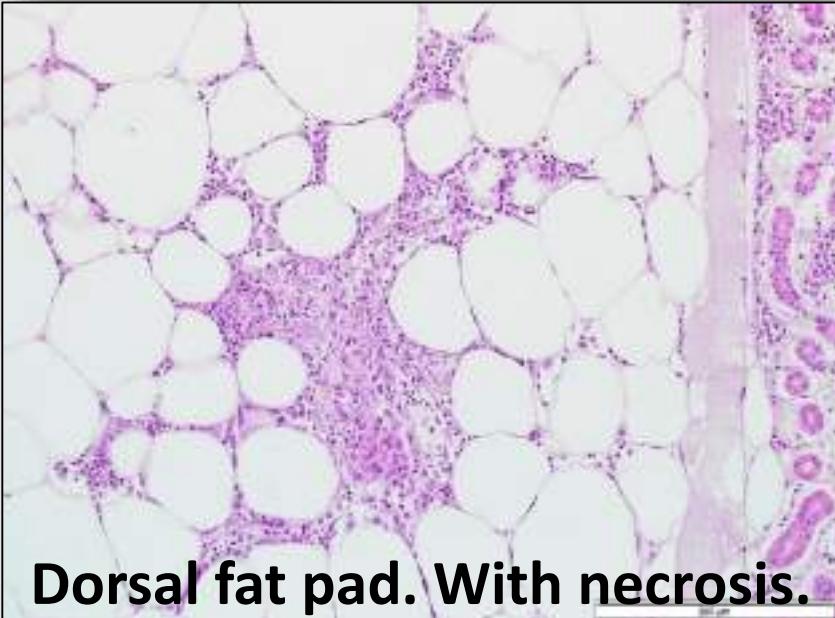
**Endgut.
Focal inflammation in
submucosa/mucosa.**



Background. Granulomatous Inflammation



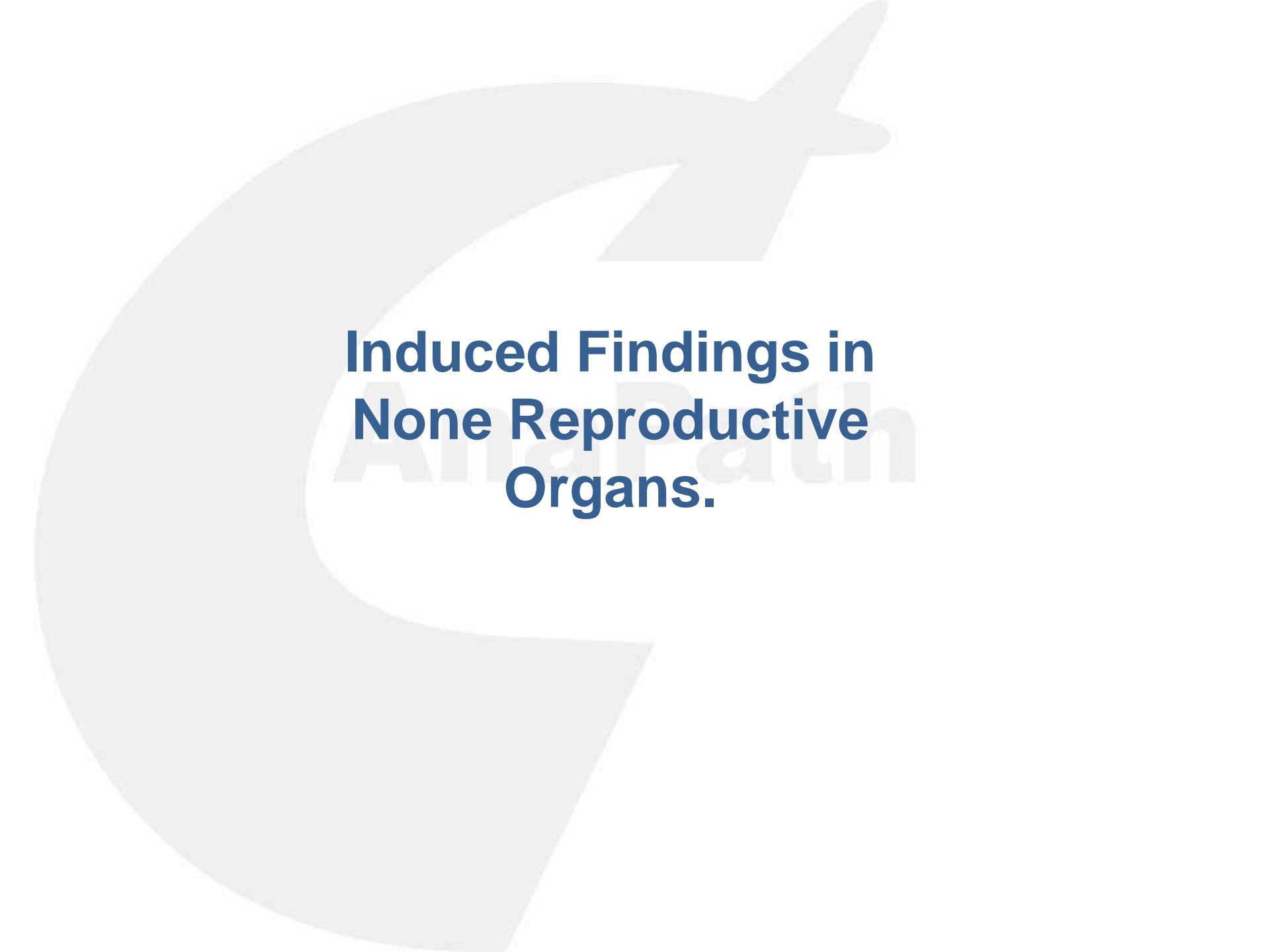
Abdominal tissues.



Dorsal fat pad. With necrosis.

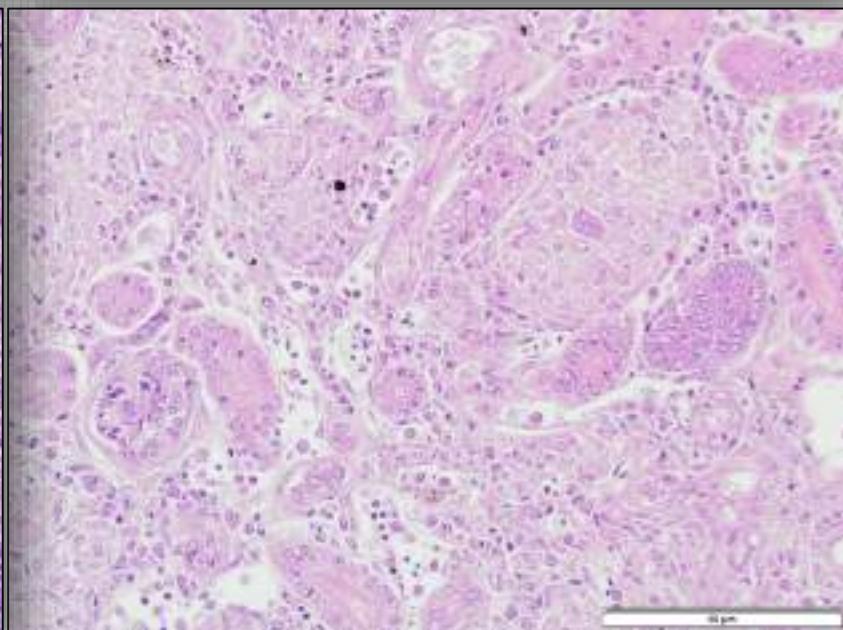
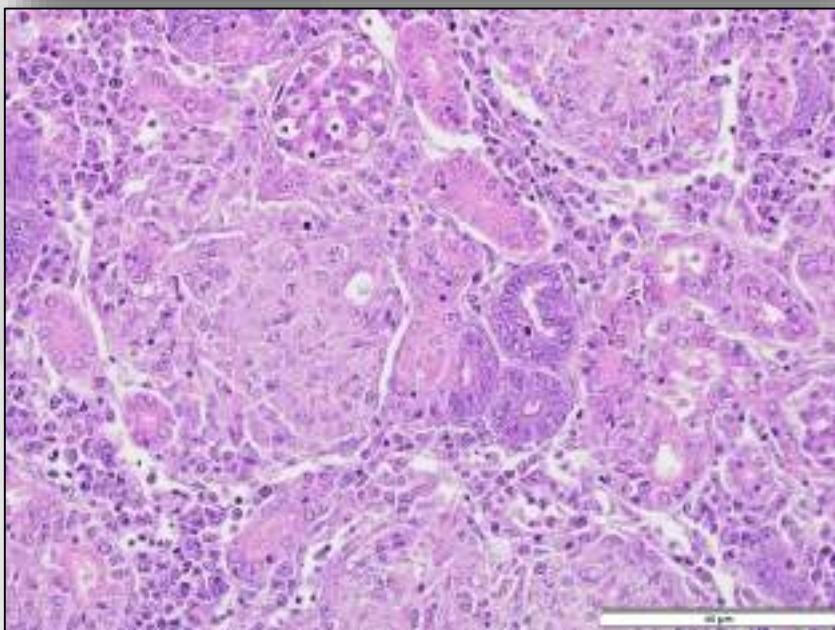
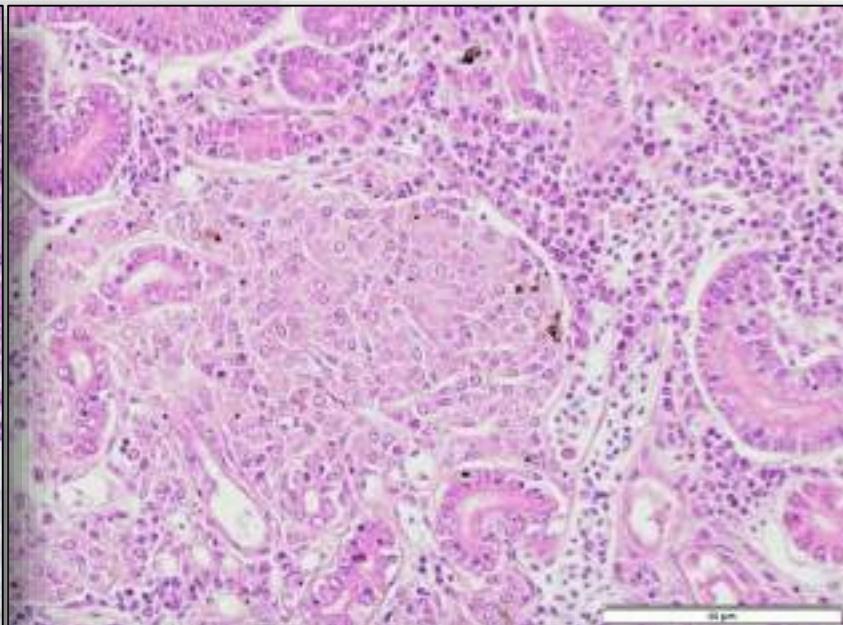
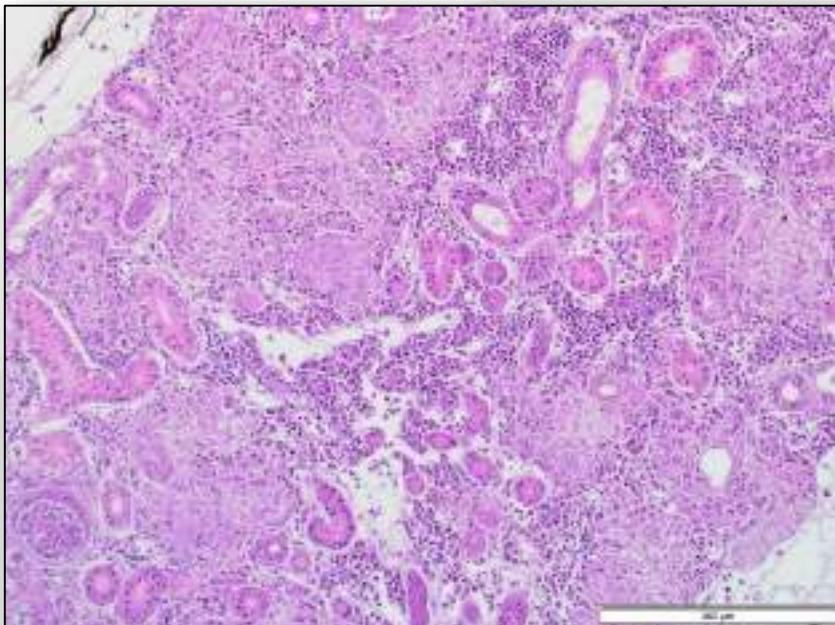


Abdominal. With giant cells.



Induced Findings in None Reproductive Organs.

Induced. Kidney. Chronic Inflammation.





Parasites.

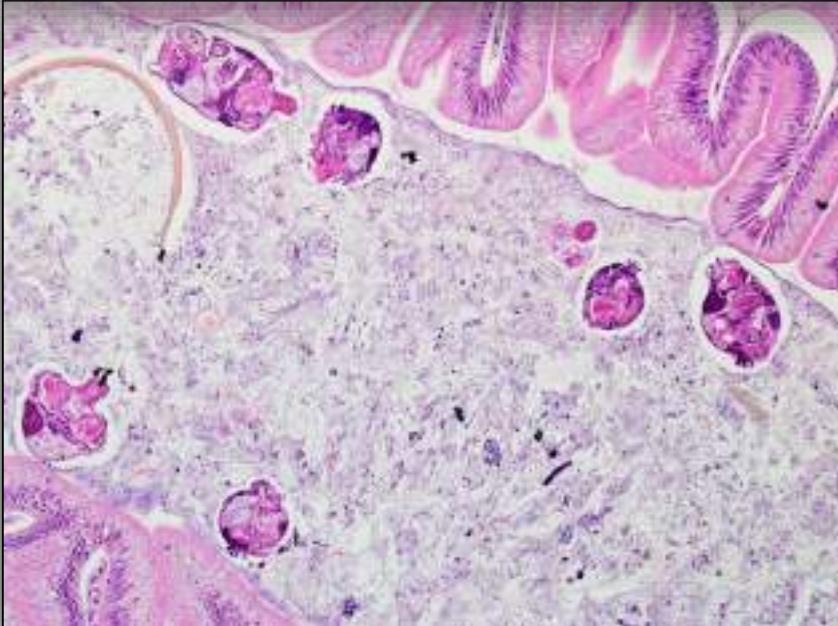
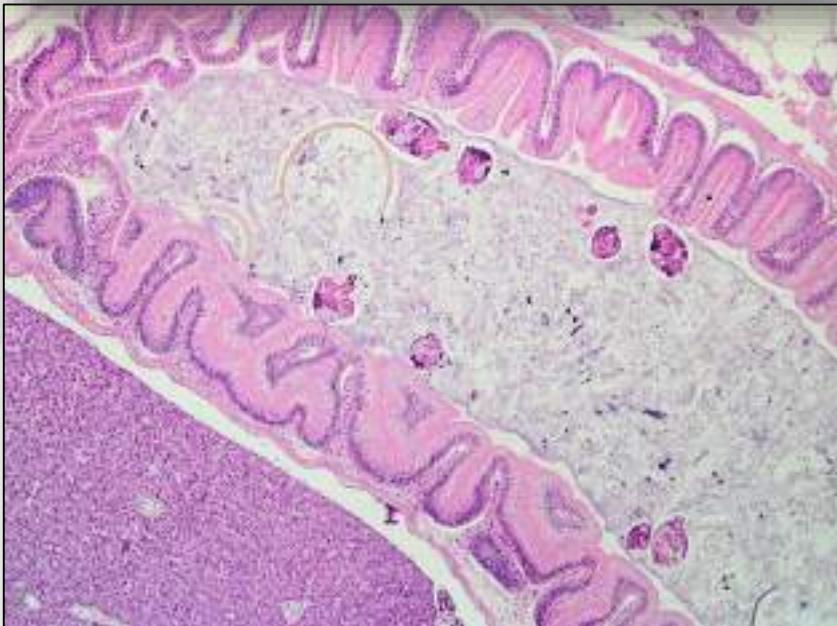
Background. Intestine. No Parasites!



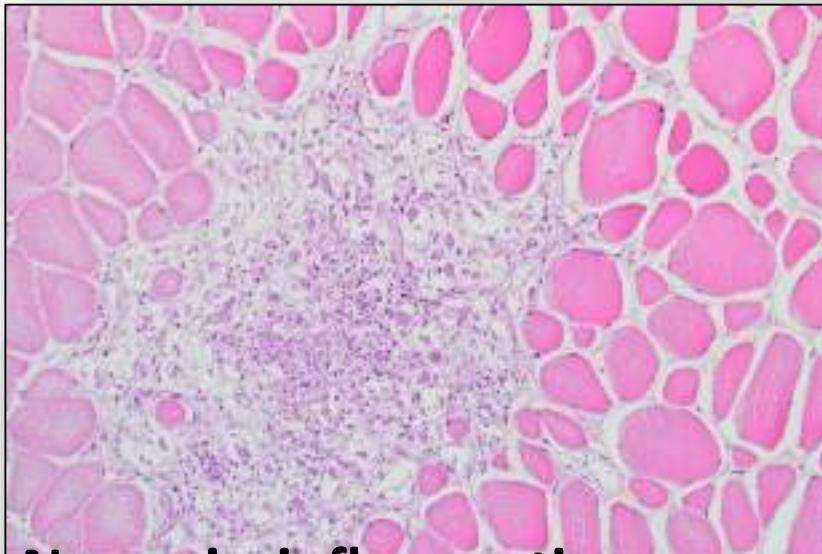
Shrimp eggs



Nauplia larvae



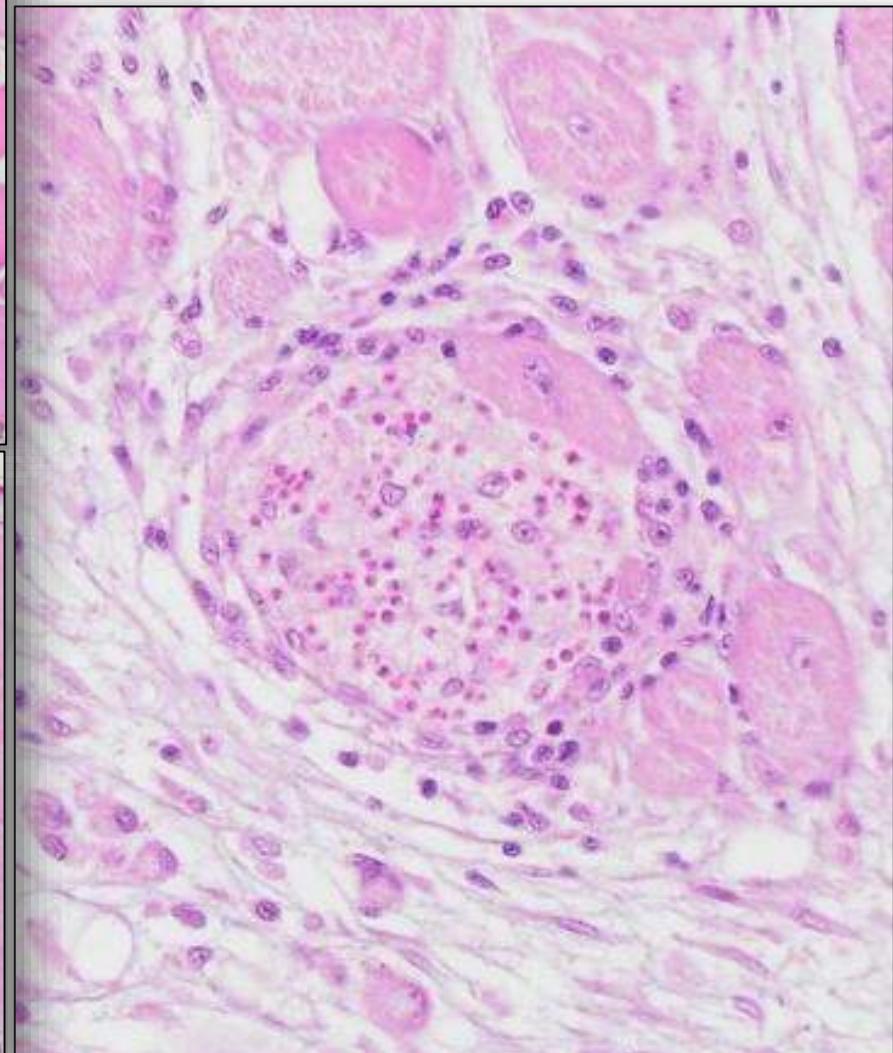
Background. Skeletal Muscle. Microsporidia.



Necrosis, inflammation.



Necrosis, inflammation.

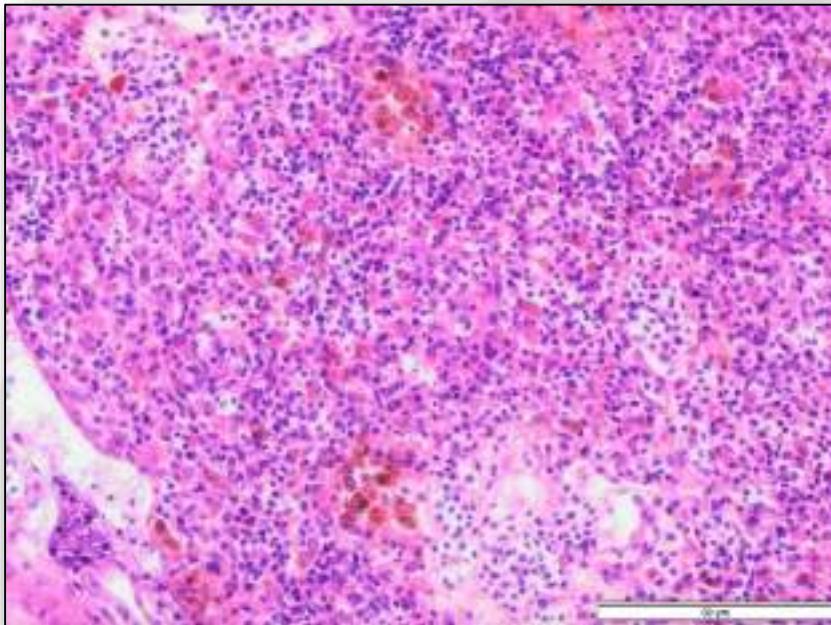


Protozoan in cyst.
Bed-slipper shape.

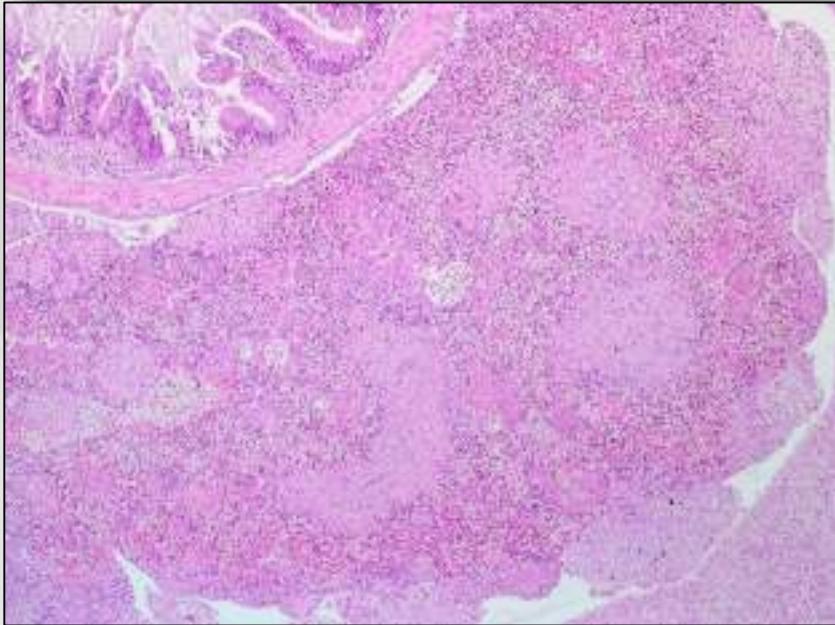


Infection.

Background. Spleen.



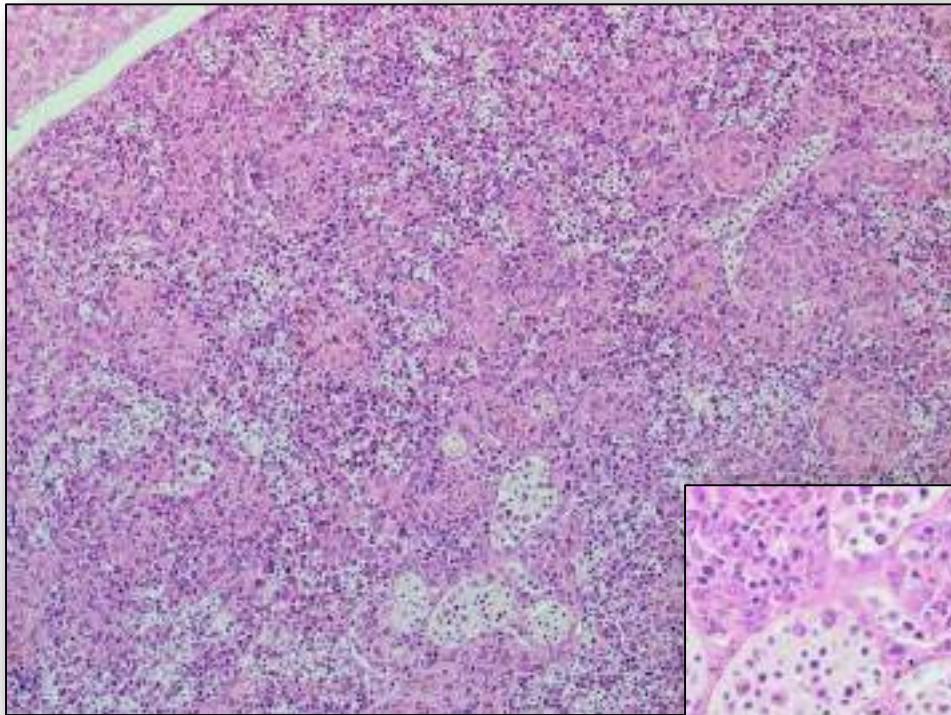
Pigment, hemosiderin.



Granulomatous inflammation.

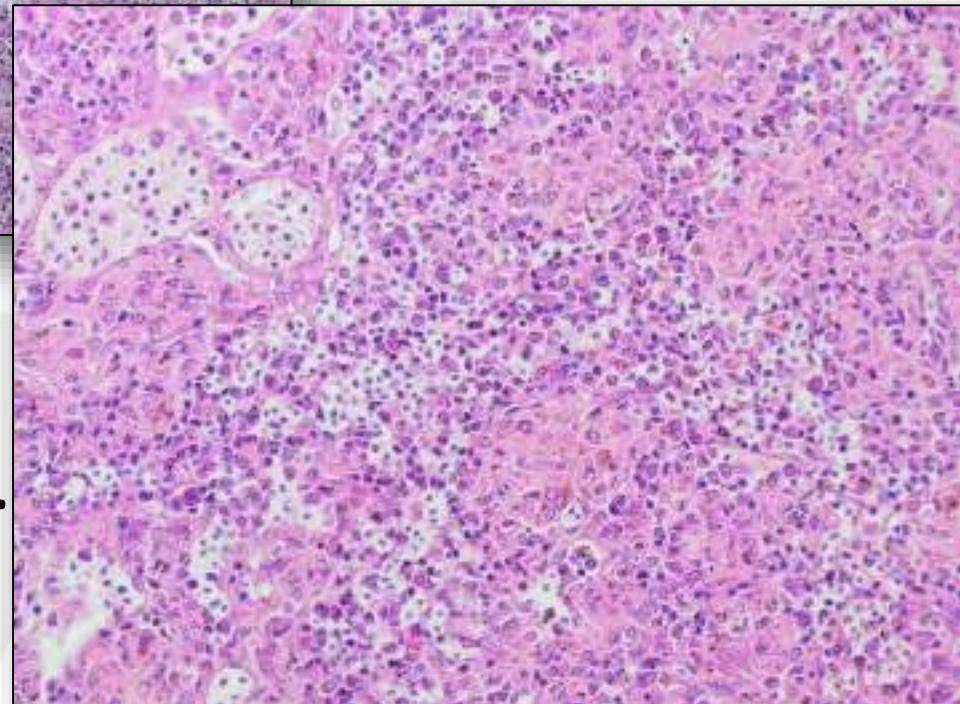


Background. Spleen.

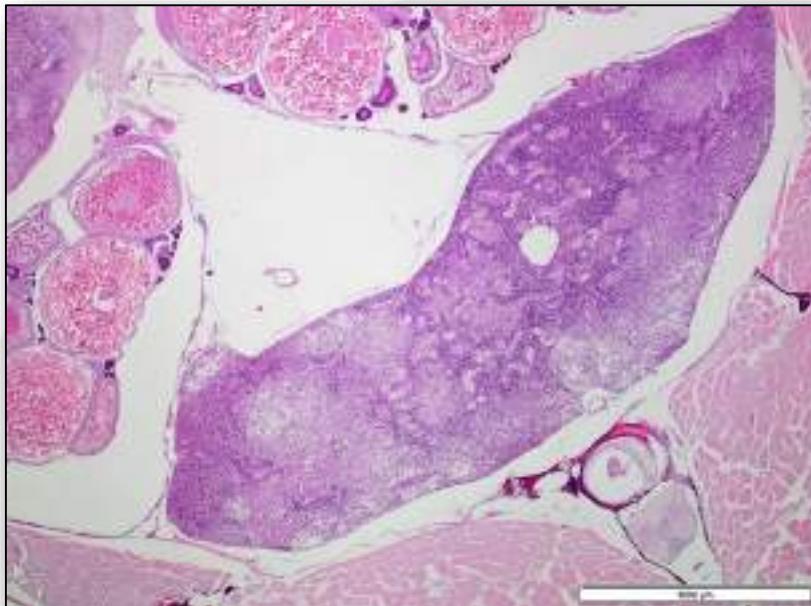


**Granulomatous
inflammation.**

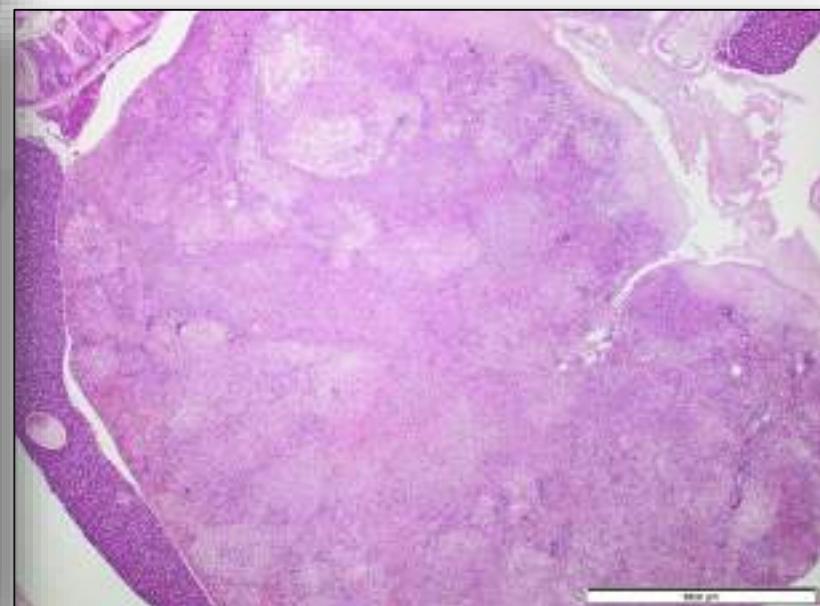
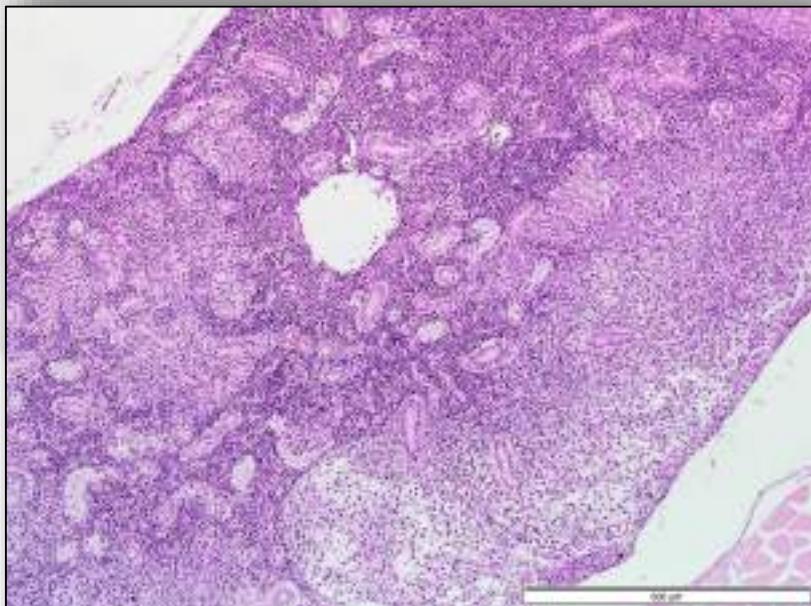
**Note: central areas with
necrotic cells.
Centrally stored pigment.
Suspective of
tuberculosis.**



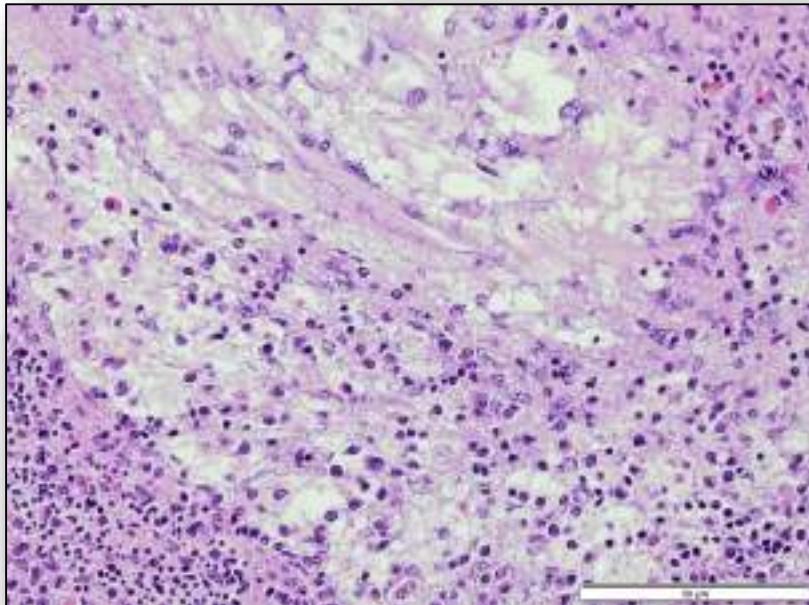
Background. Spleen.



Granulomatous
inflammation.

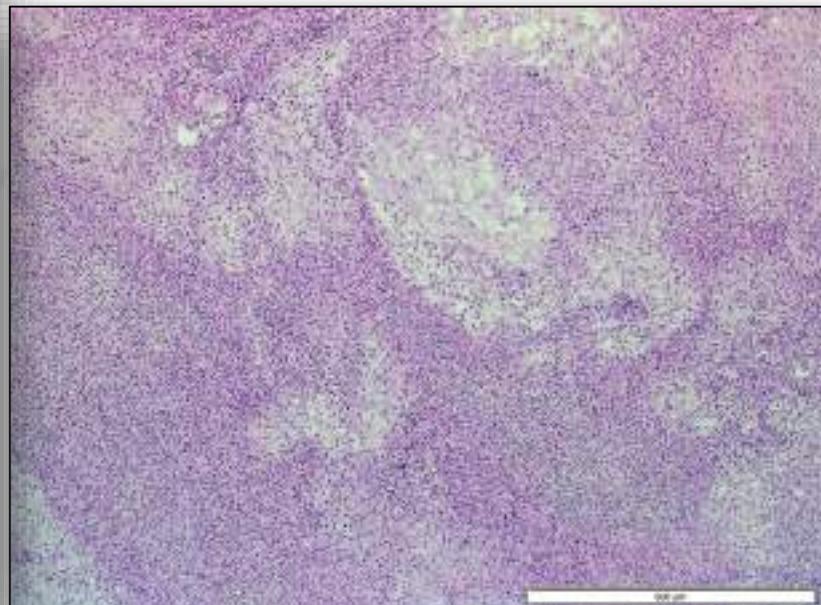
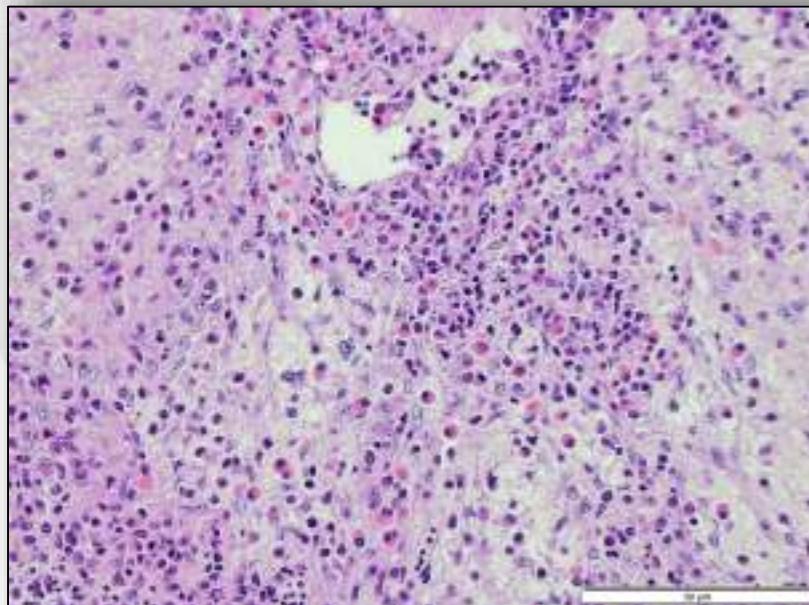


Background. Spleen.



**Granulomatous
inflammation.**

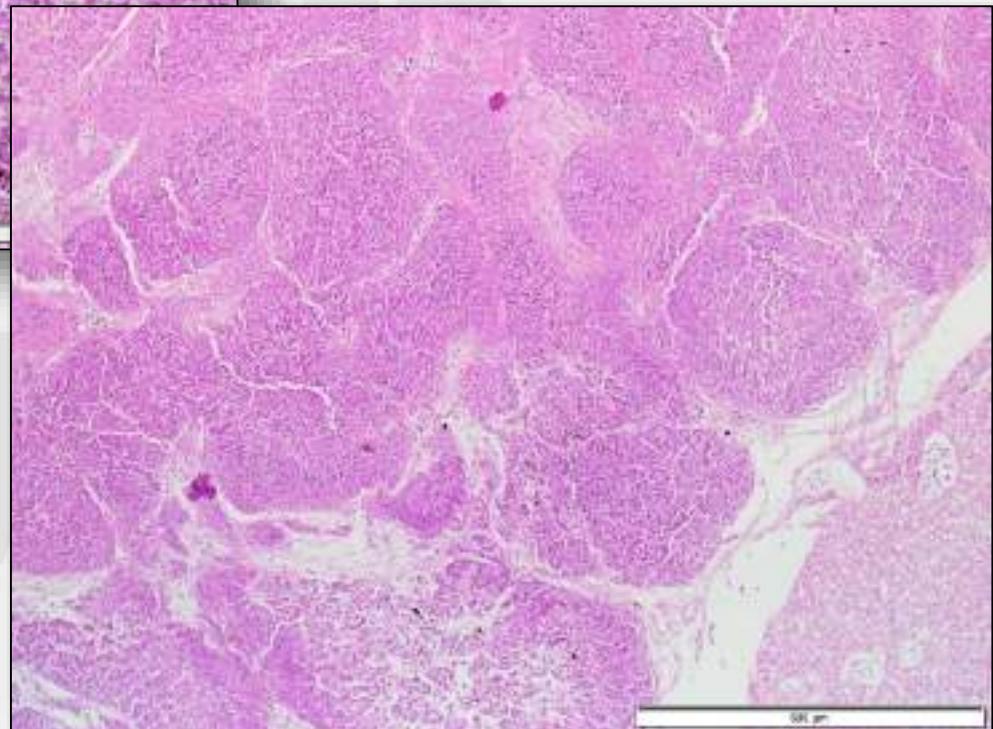
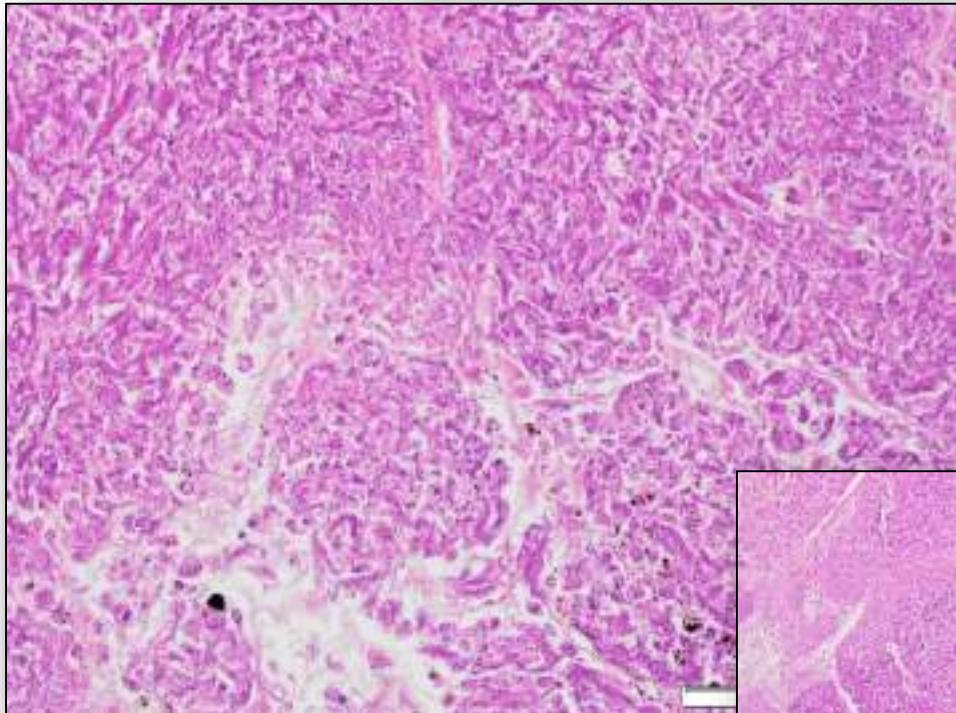
**Note central necrosis.
Suspicious of tuberculosis.**



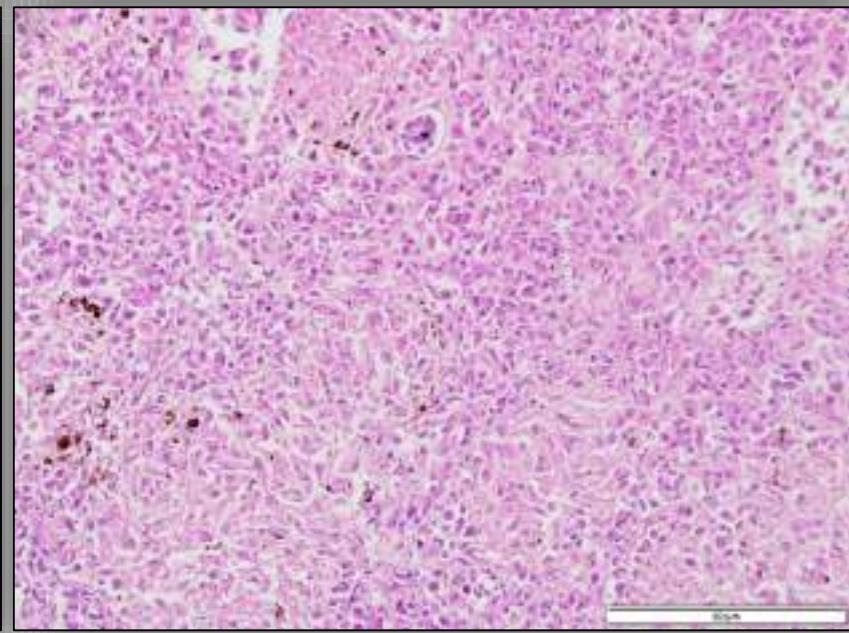
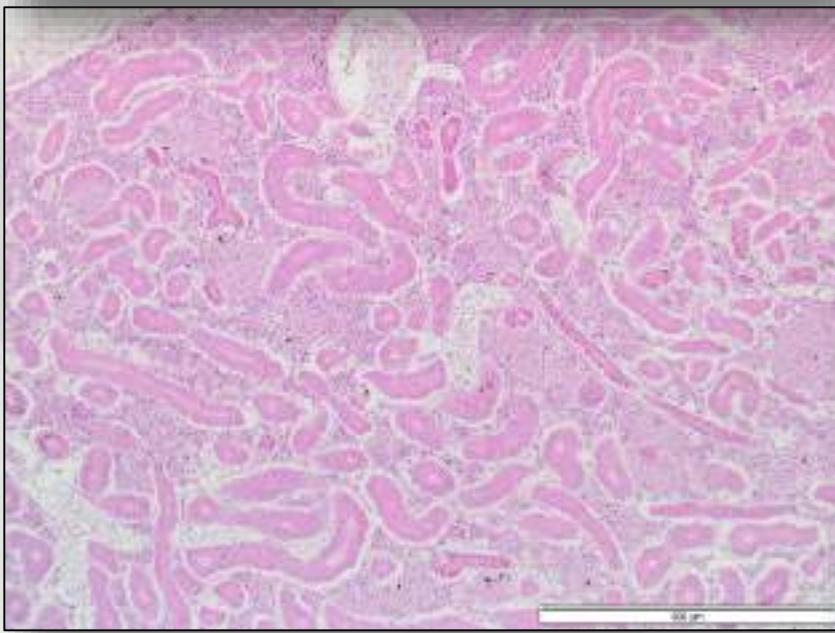
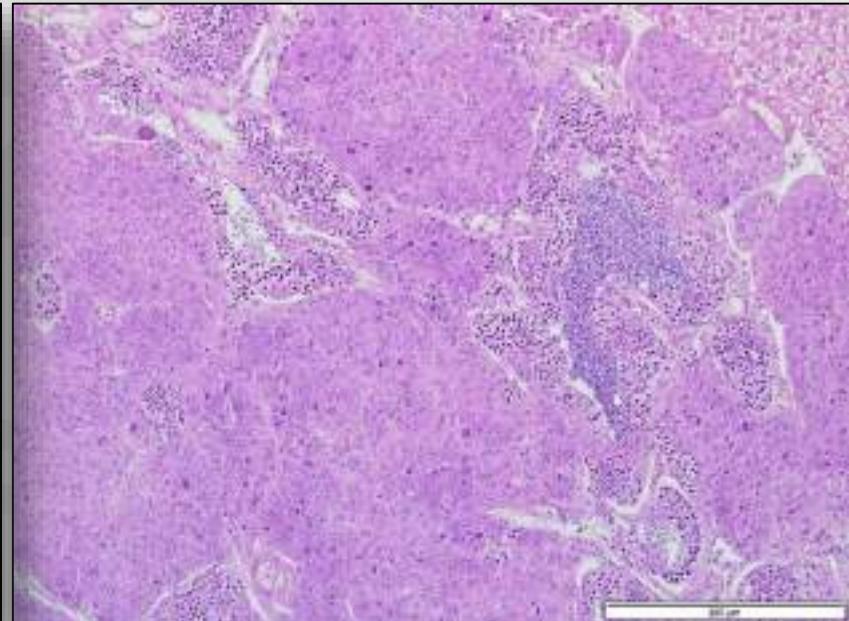
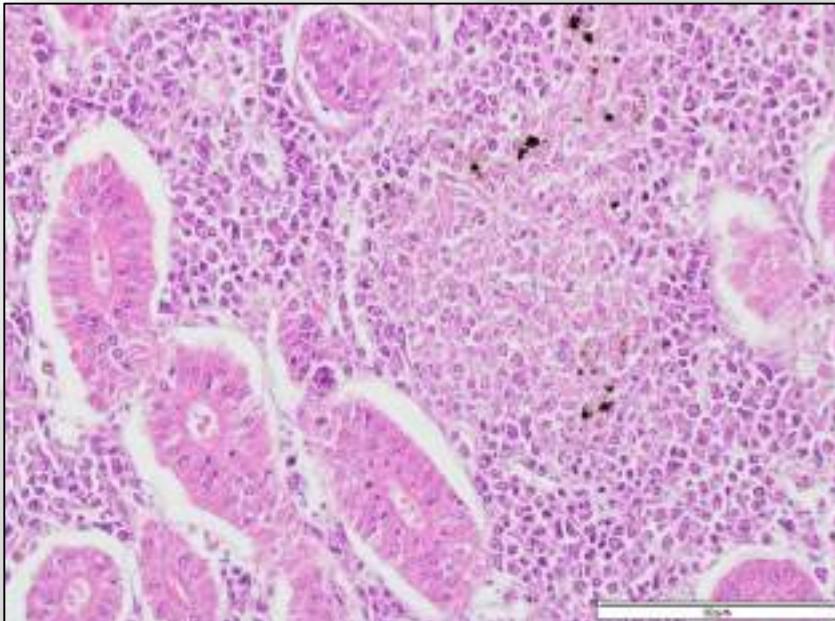


Neoplasia.

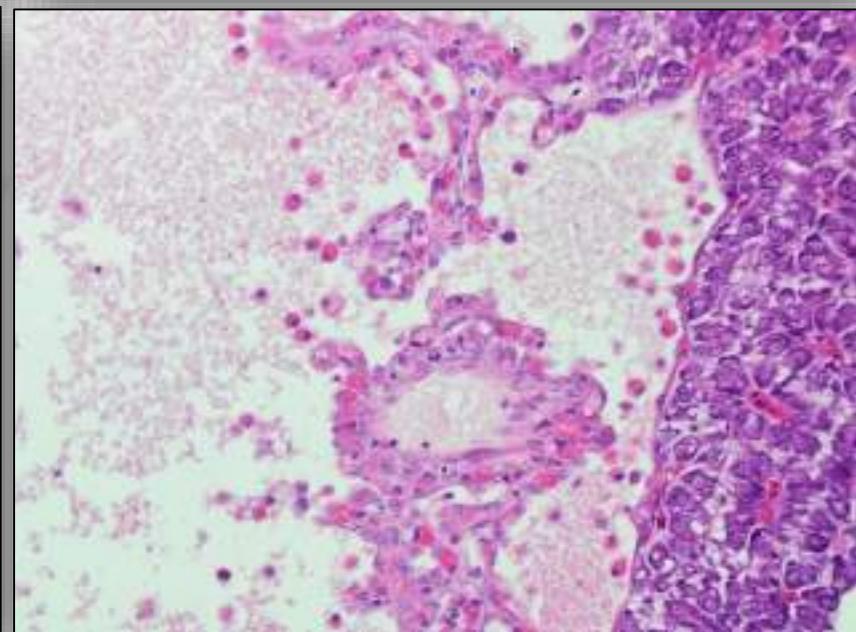
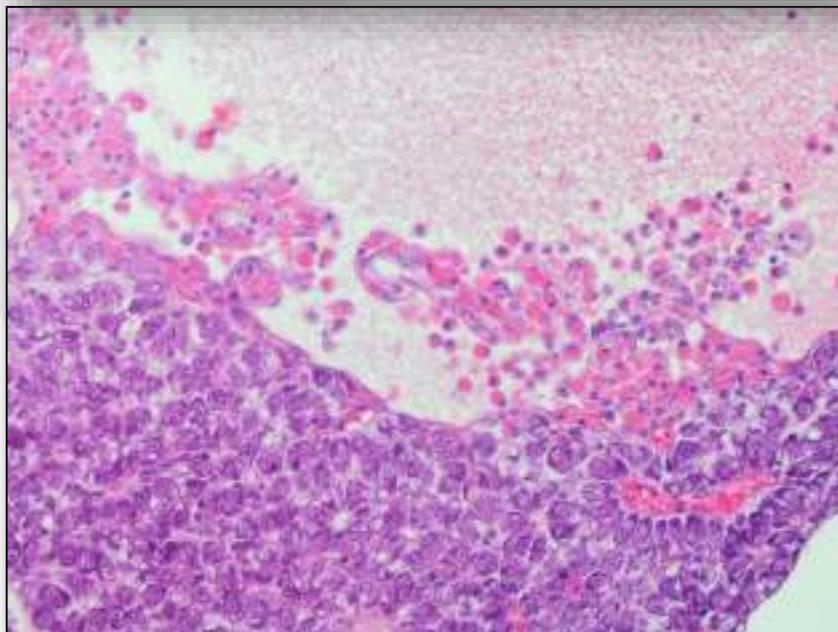
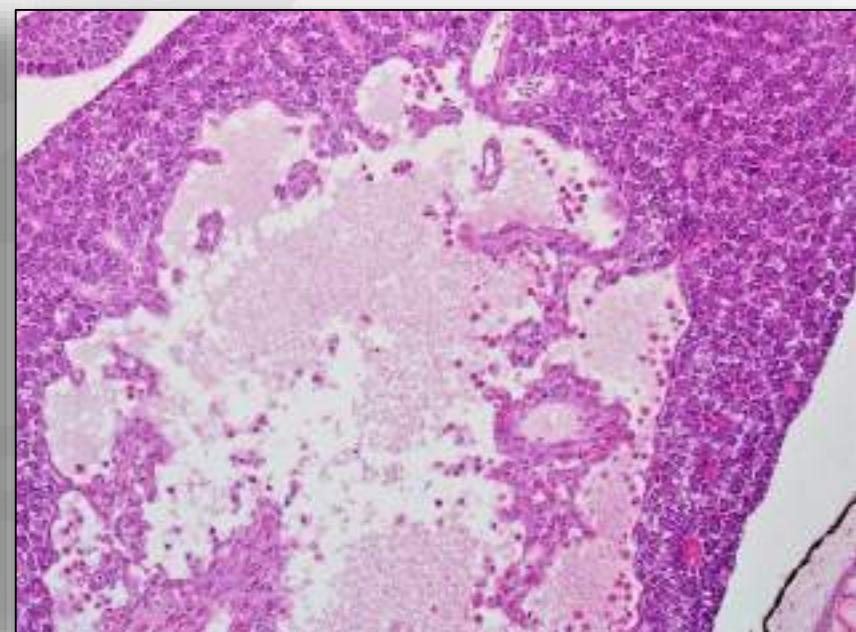
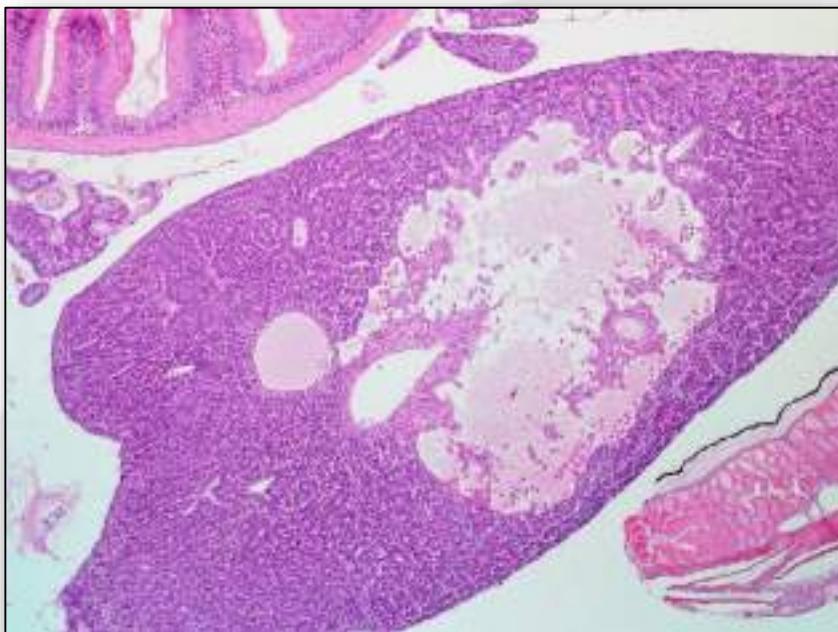
Background. Testes. Necrosis by Sertoli Tumor.



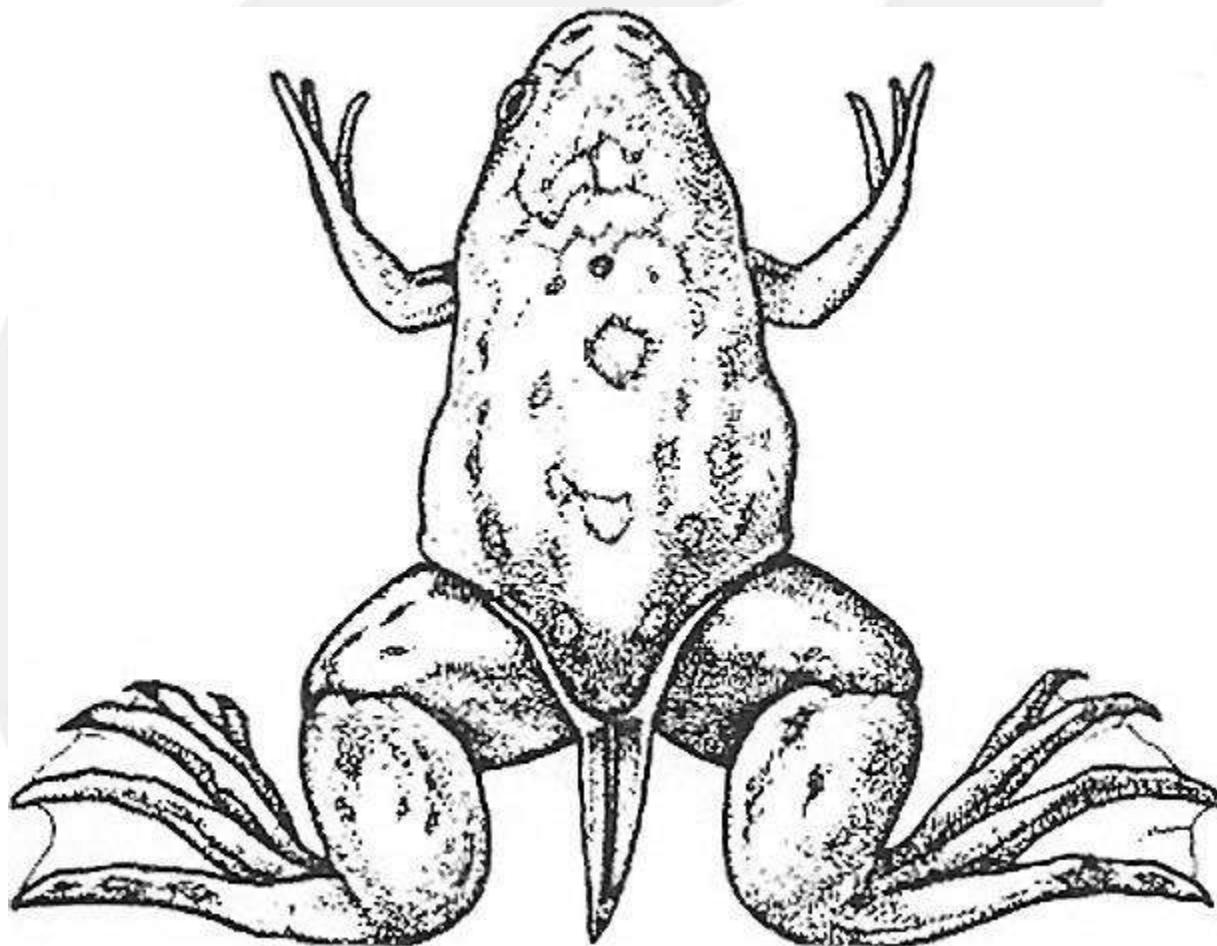
Background. Lymphoma.



Background: Liver. Angioma.

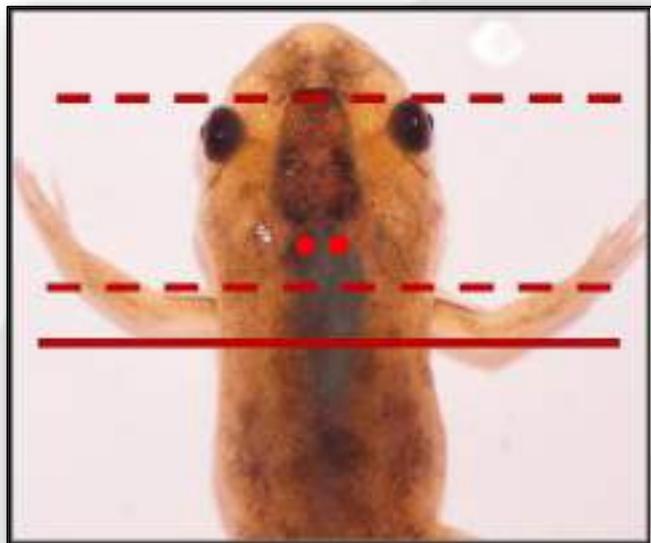


Xenopus



Stage 64, dorsal view
53 days pf @ 23°C

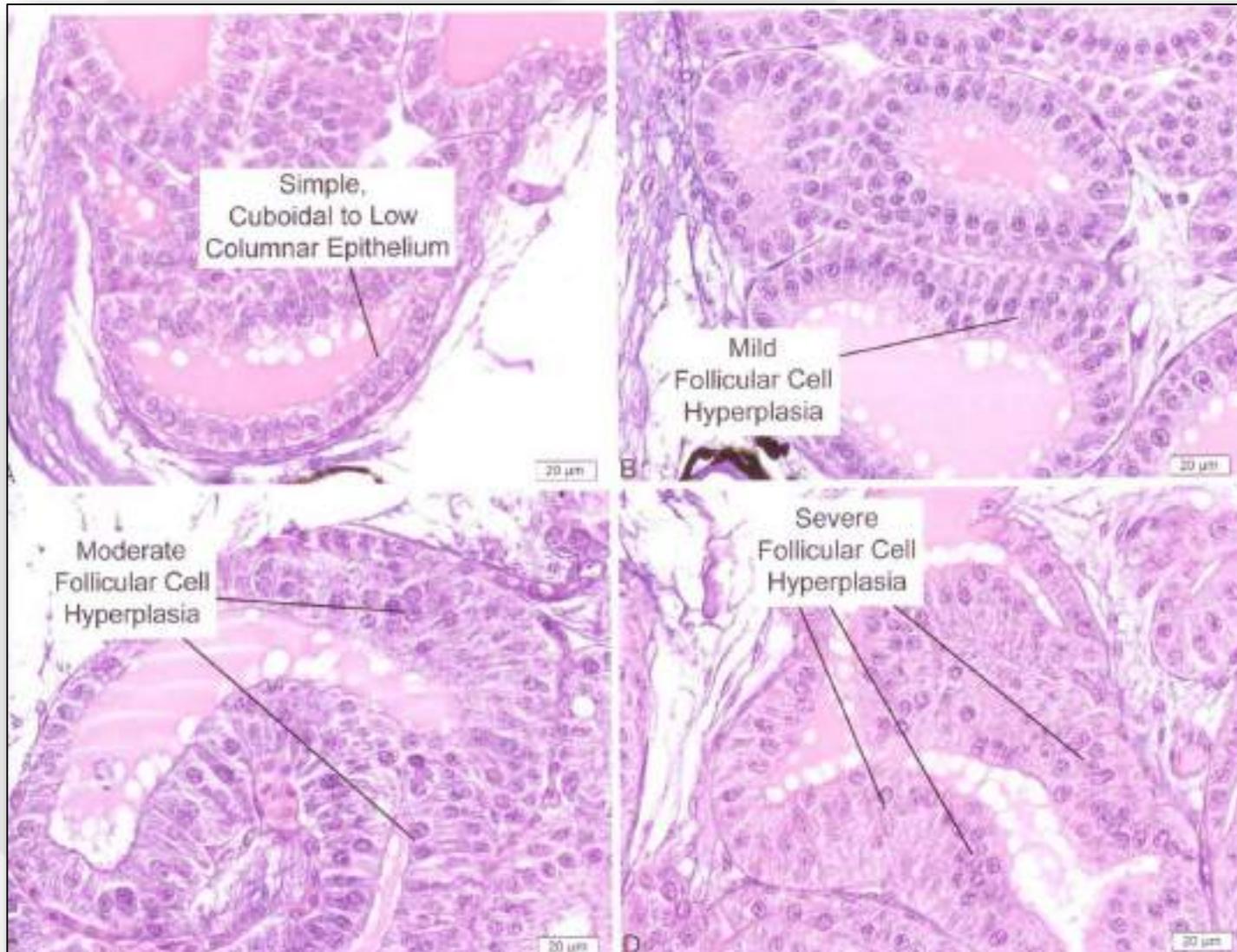
Location of Thyroid Gland in a Tadpole



The Amphibian Metamorphosis Assay



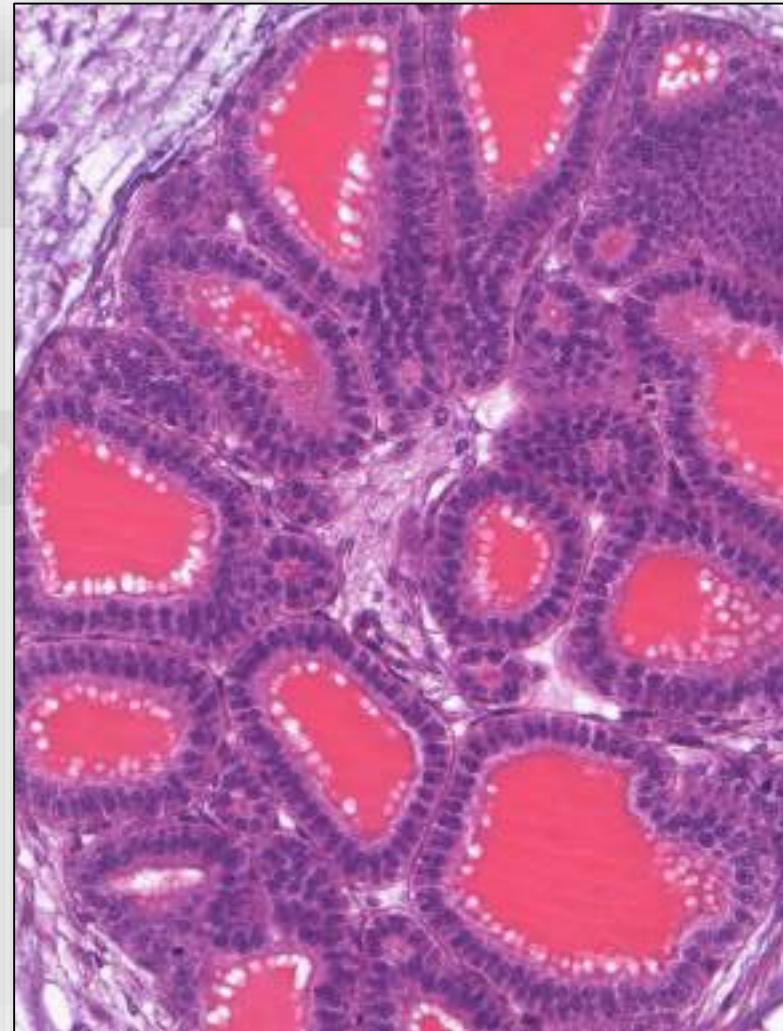
Grim K et. al (200) Thyroid Histopathology Assessments for the Amphibian Metamorphosis Assay to Detect Thyroid-active Substances. Toxicol Pathol



Thyroid Gland: Endocrine Disruptors



Control



Test Item:
minimal follicular hypertrophy

Induced: No Endocrine Disruption!



Control. Normal



Control. Normal



Thyroid gland small.
2-3 stages back.

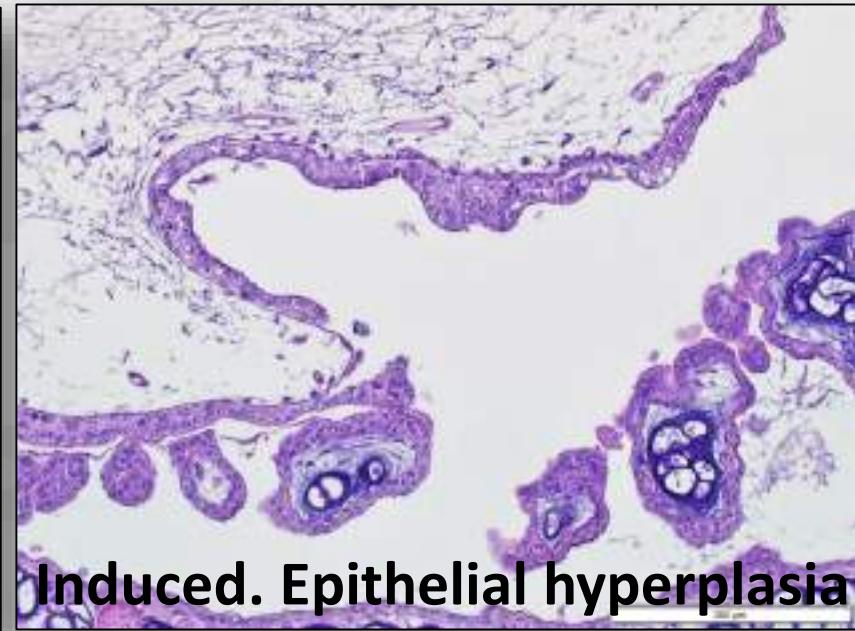


Thyroid gland small.
2-3 stages back.

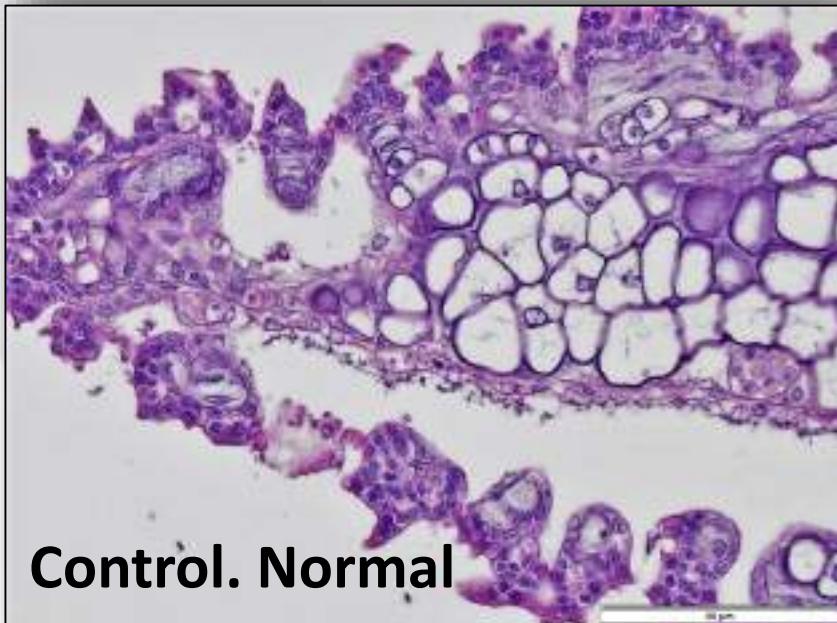
Other Organs. Induced Irritative Effects. Gills.



Control. Normal



Induced. Epithelial hyperplasia

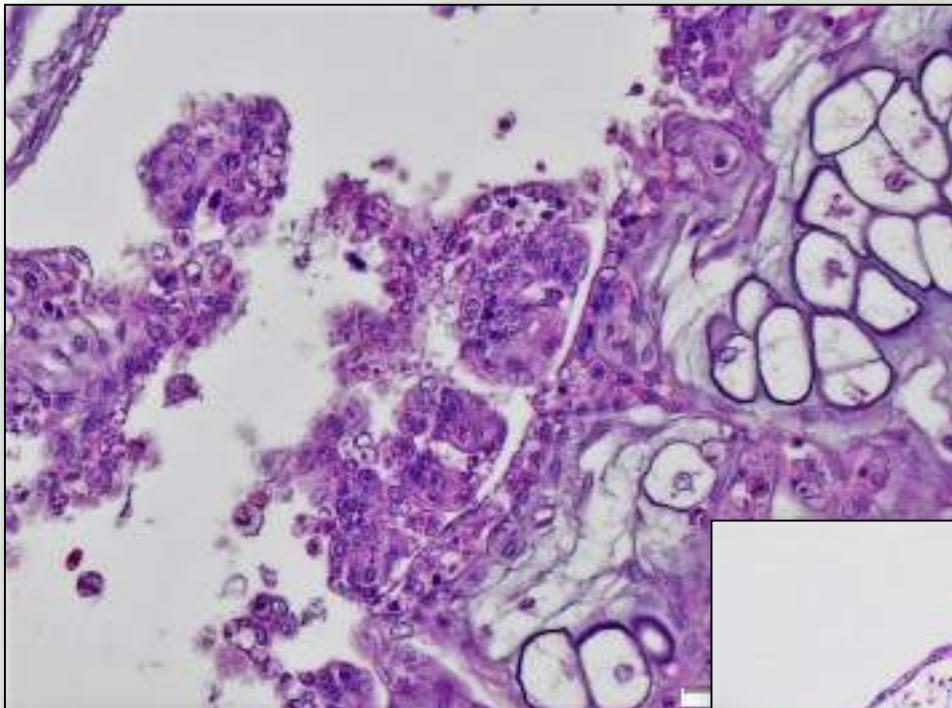


Control. Normal

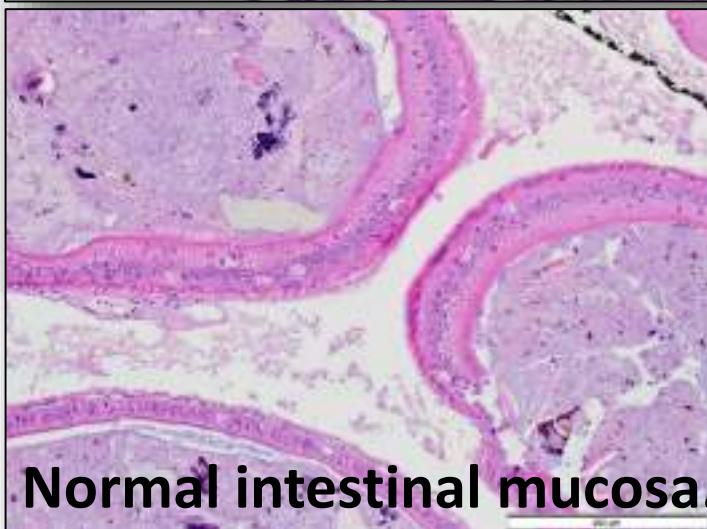


Induced. Epithelial hyperplasia

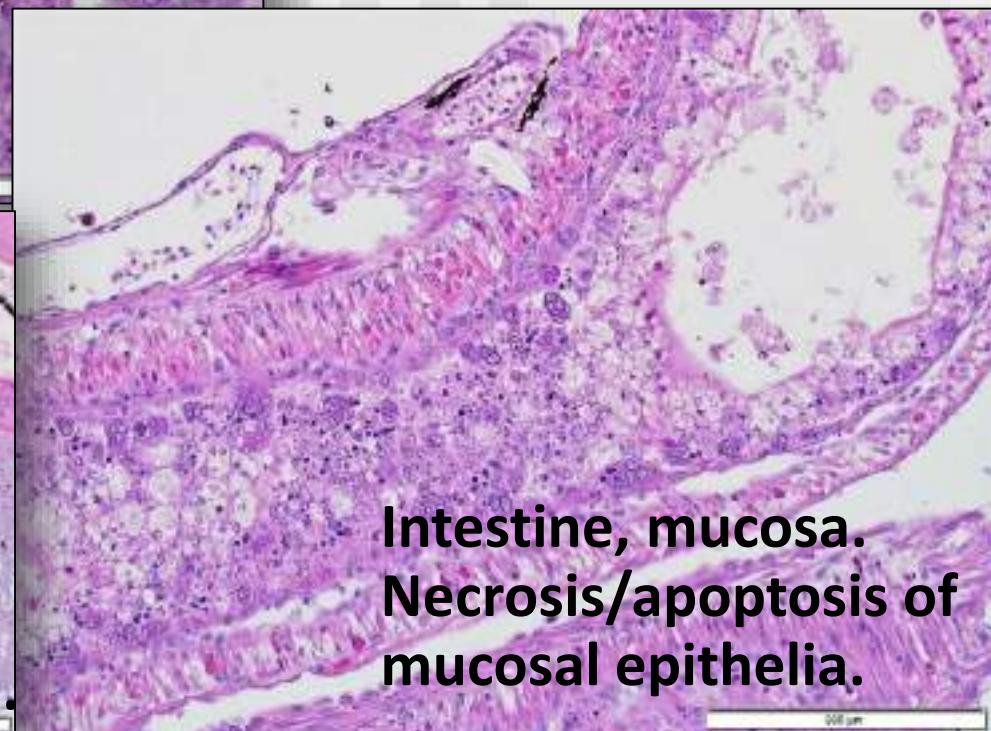
Other Organs. Induced Irritation. Gills/Intestine



Gill/Internal gill cavity,
Epithelial cell necrosis/
Apoptosis.

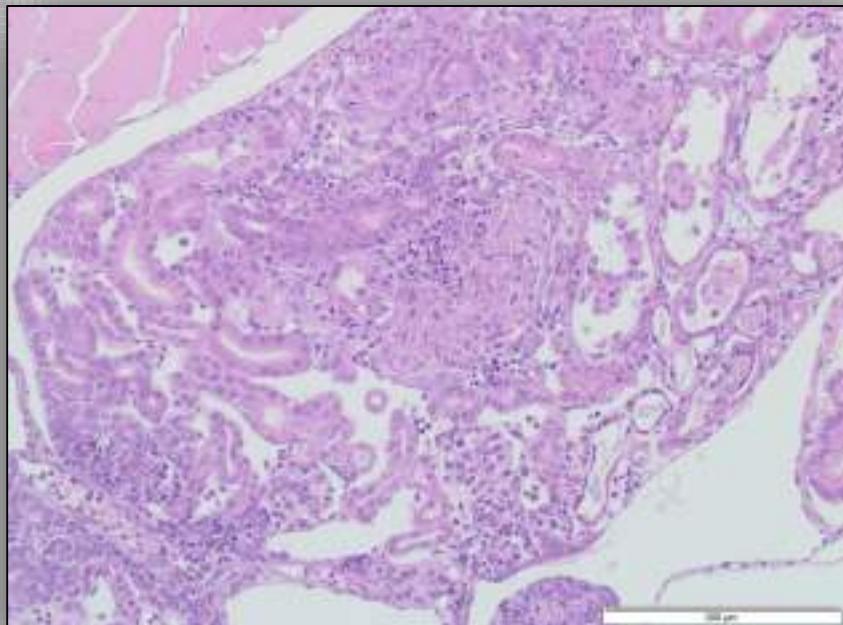
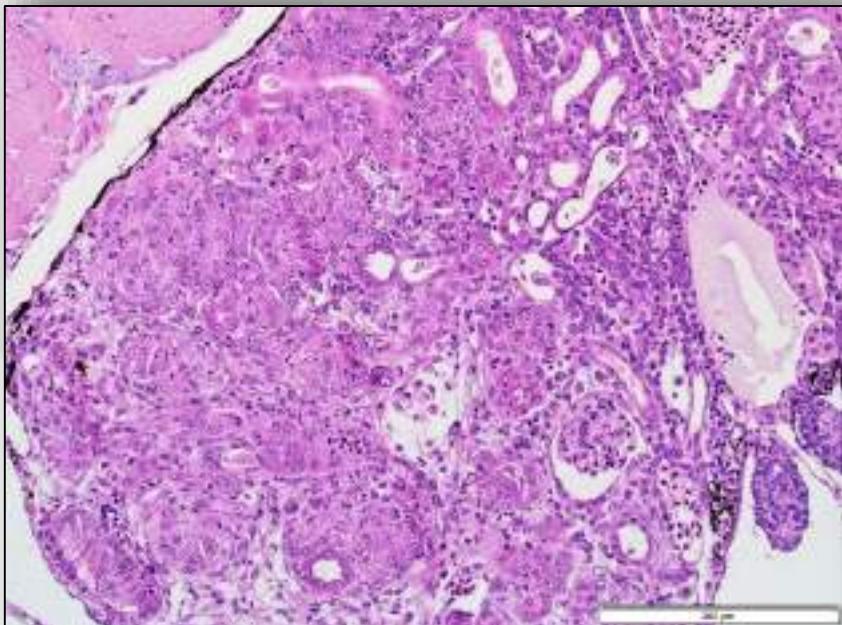
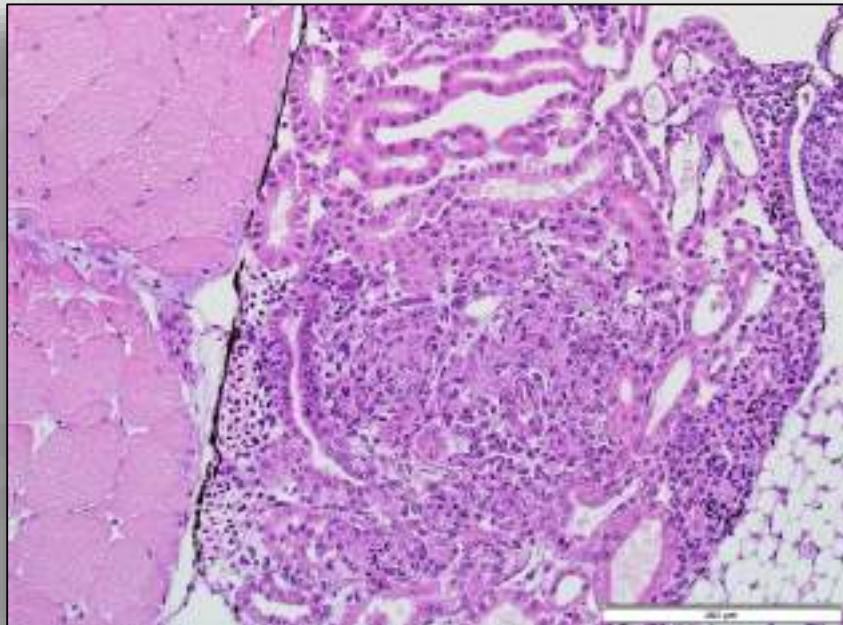
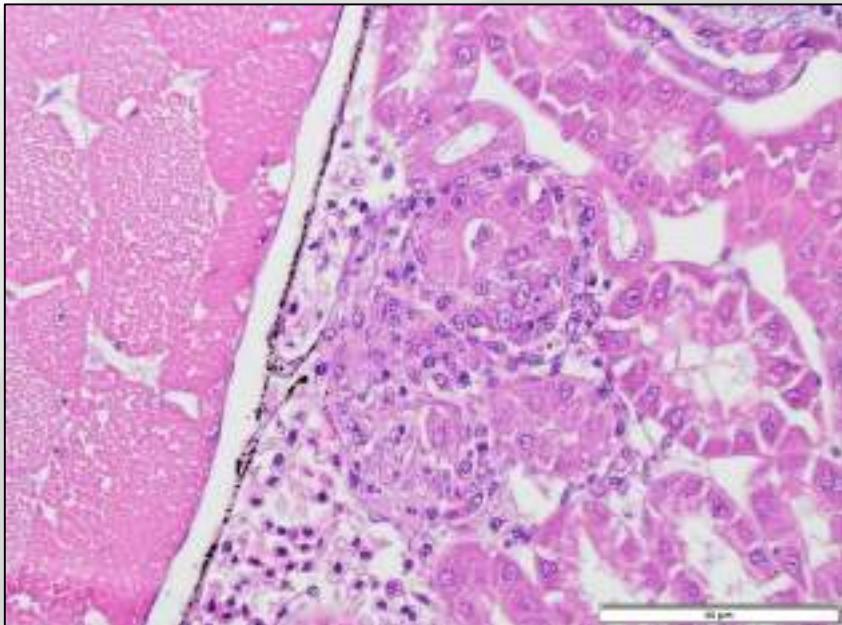


Normal intestinal mucosa.

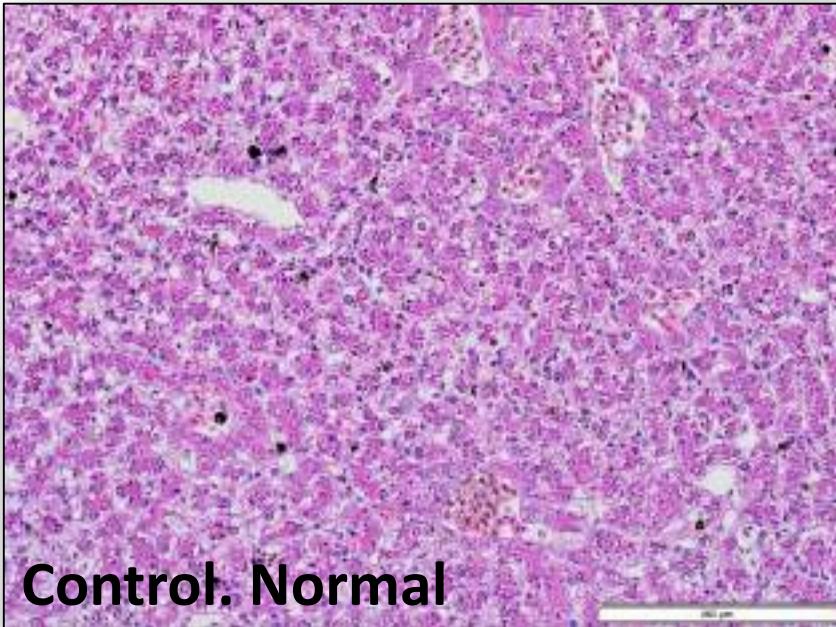


Intestine, mucosa.
Necrosis/apoptosis of
mucosal epithelia.

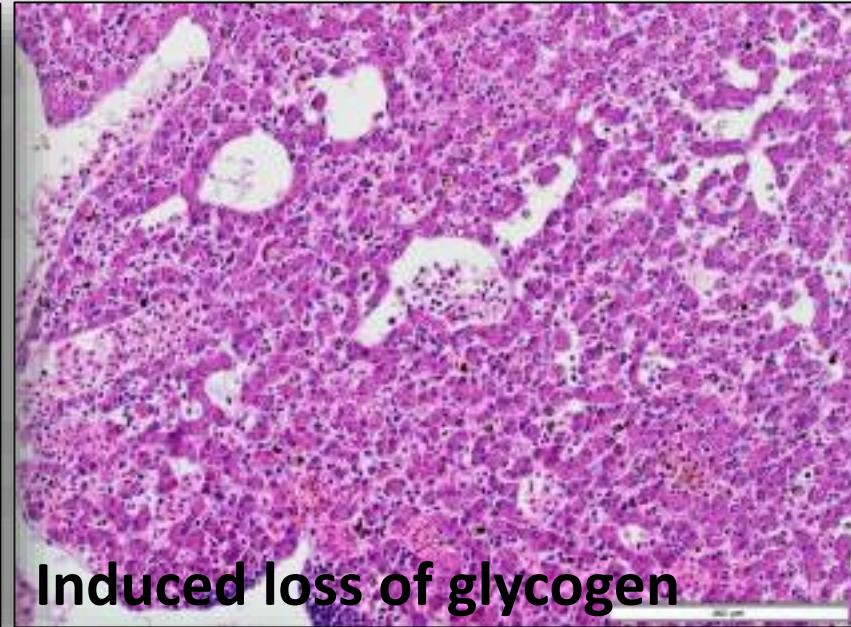
Induced Renal Inflammation.



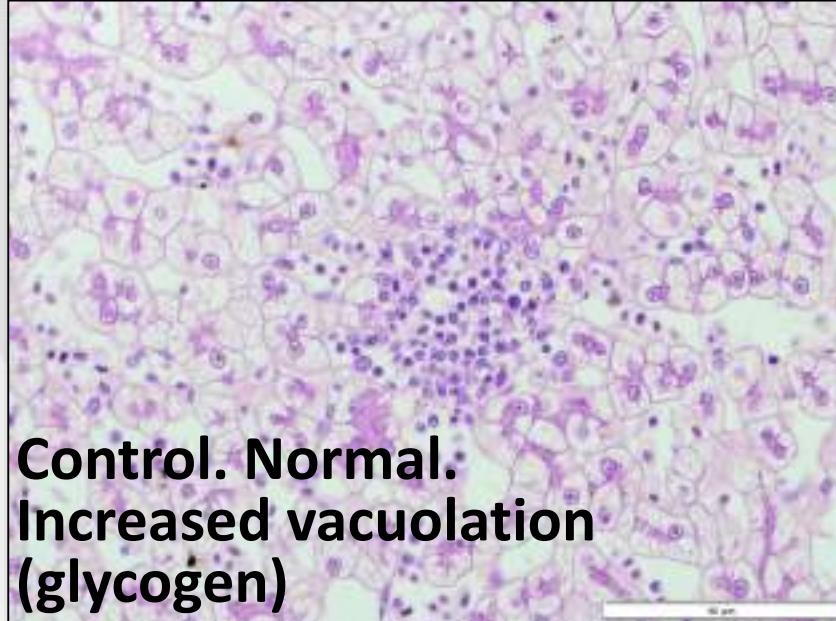
Liver Findings.



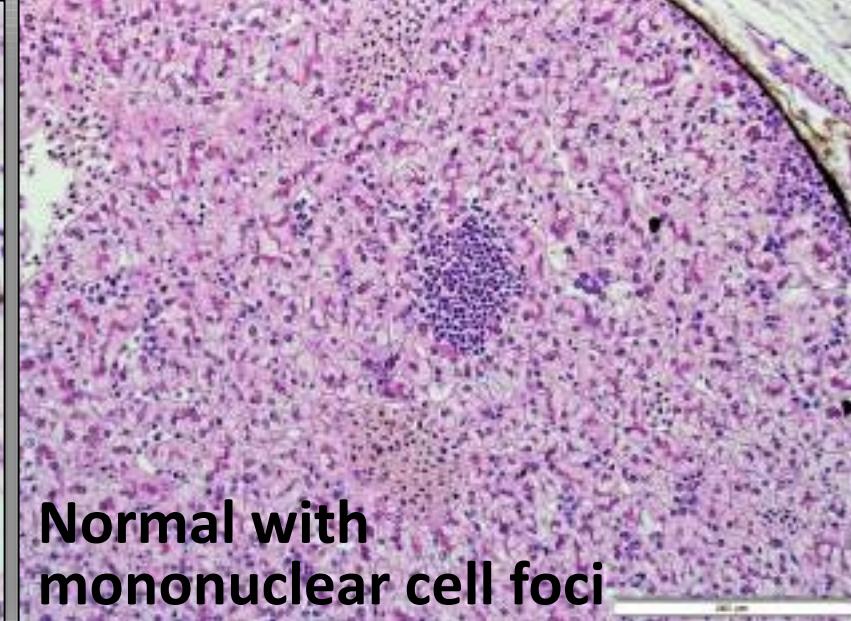
Control. Normal



Induced loss of glycogen

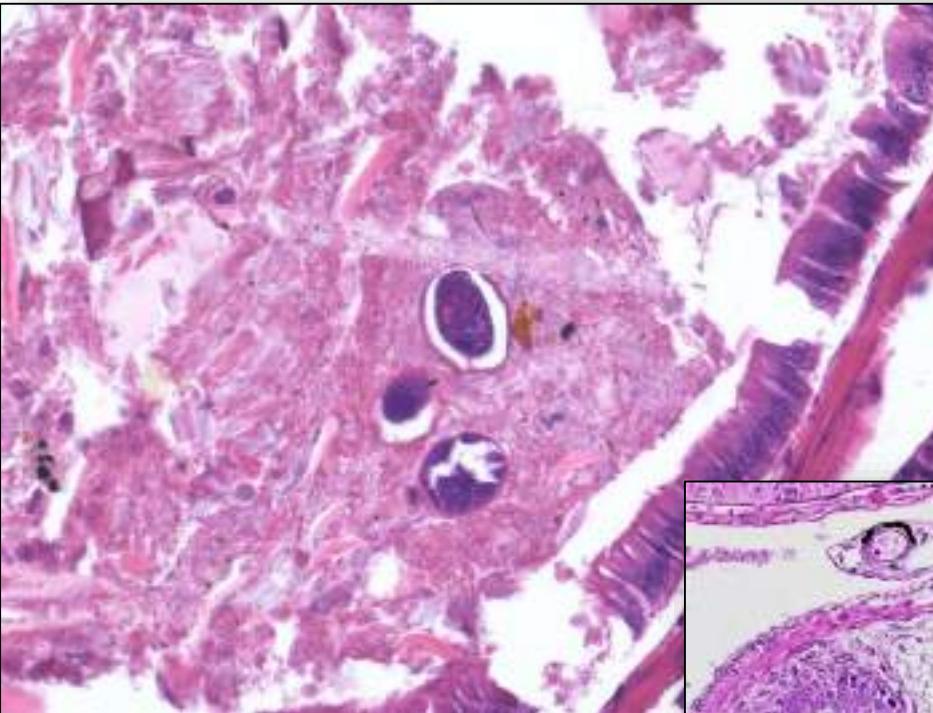


**Control. Normal.
Increased vacuolation
(glycogen)**



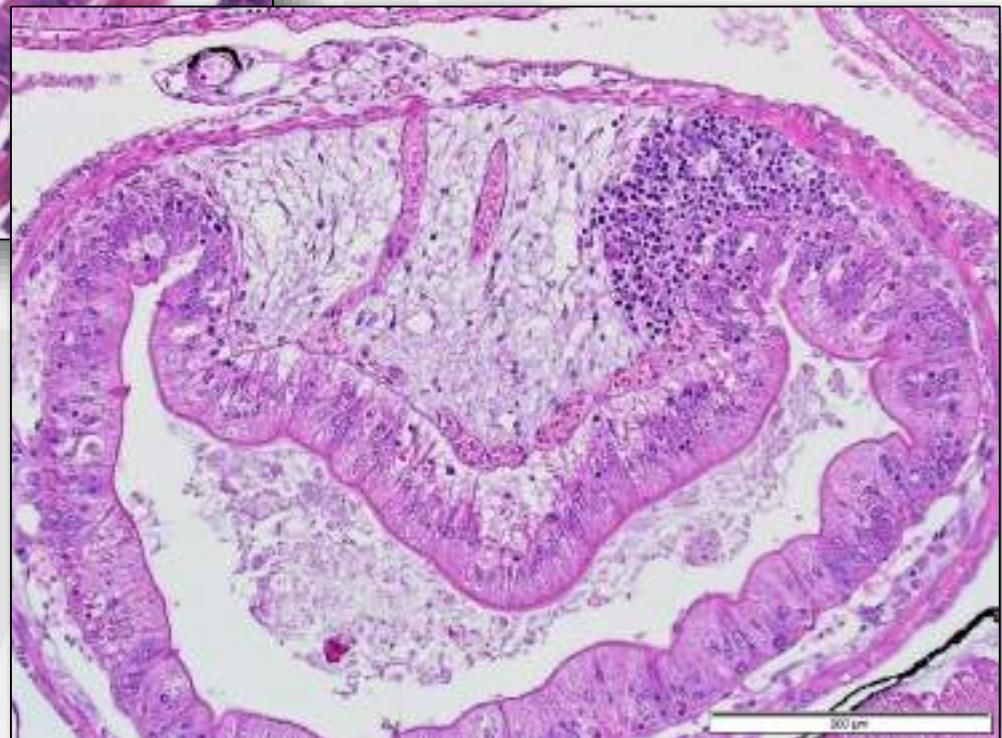
**Normal with
mononuclear cell foci**

Background. Intestine.

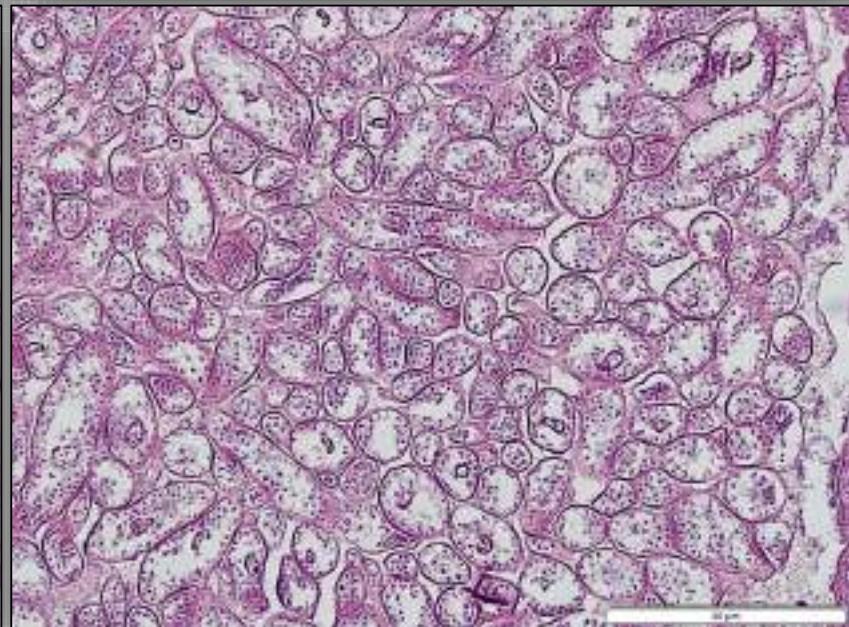
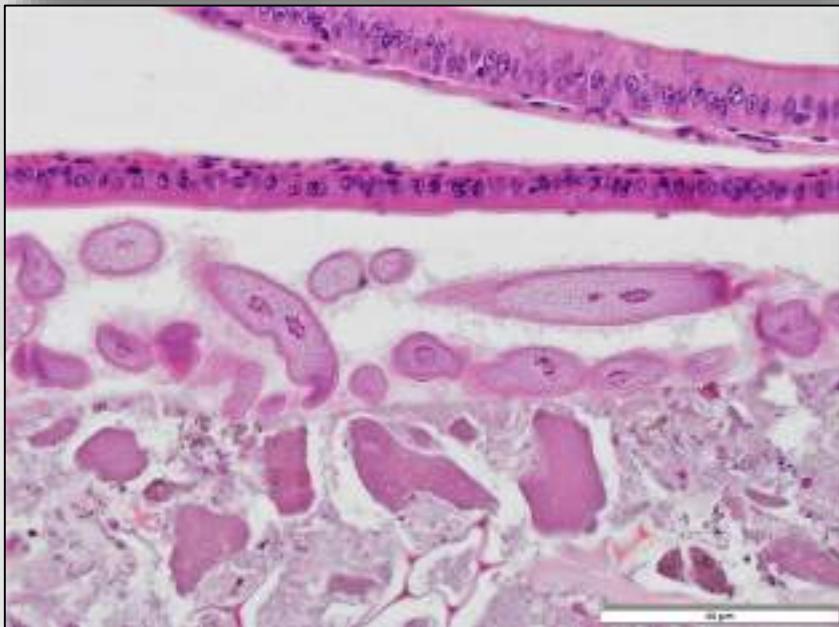
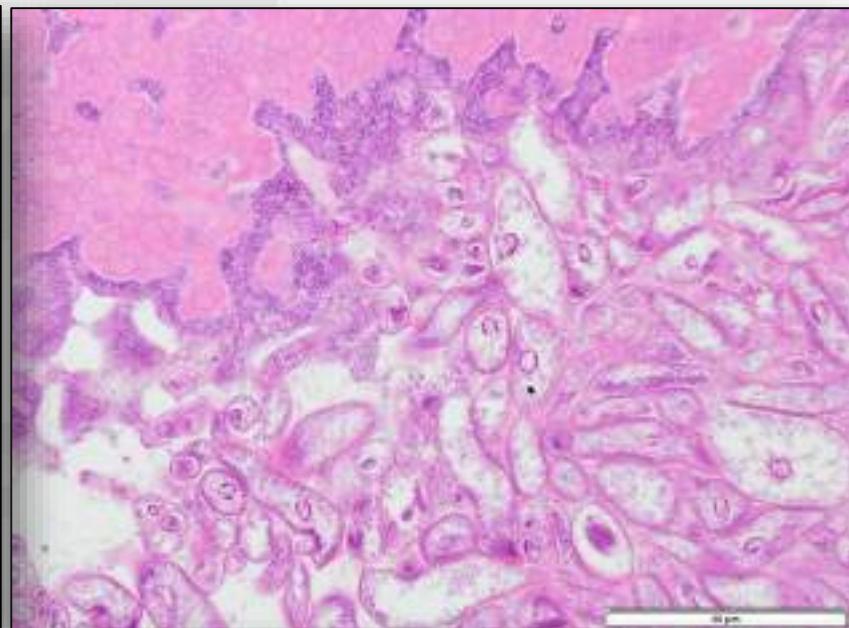
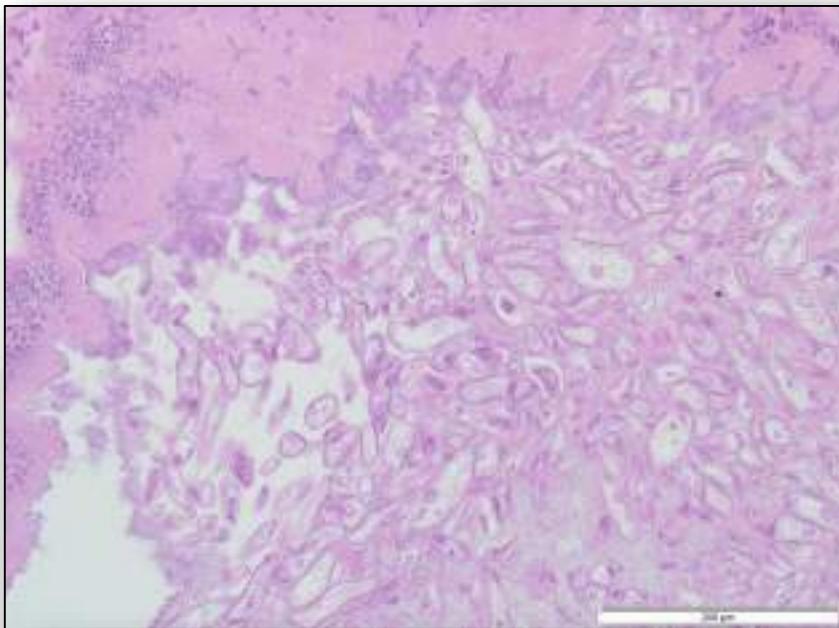


Unknown protozoa.

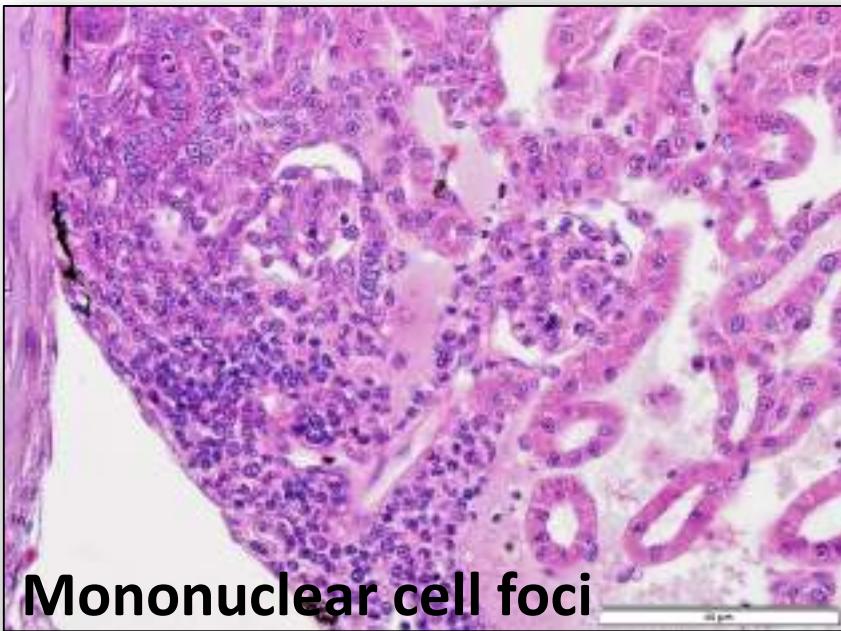
Focal submucosal
inflammation.



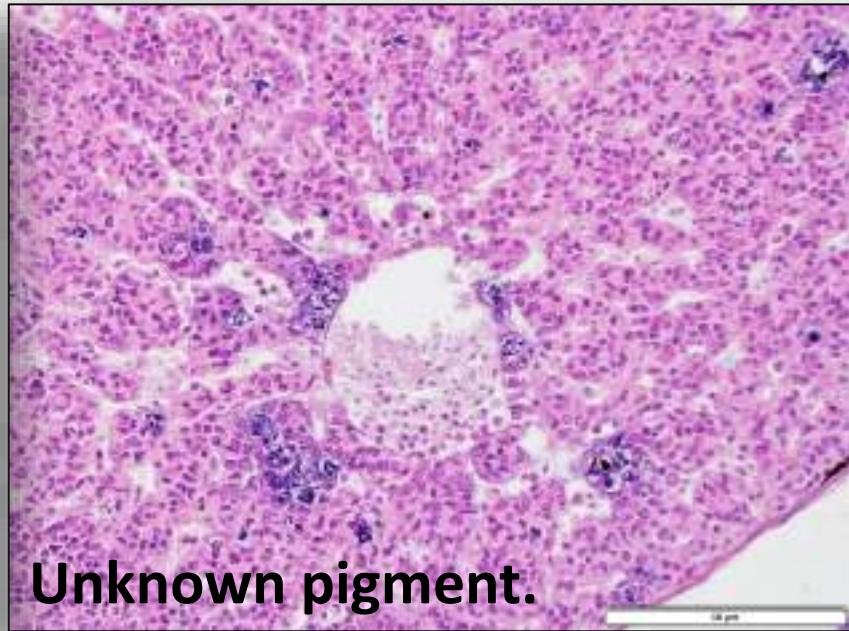
Background. Intestine. Protoopalina spec.



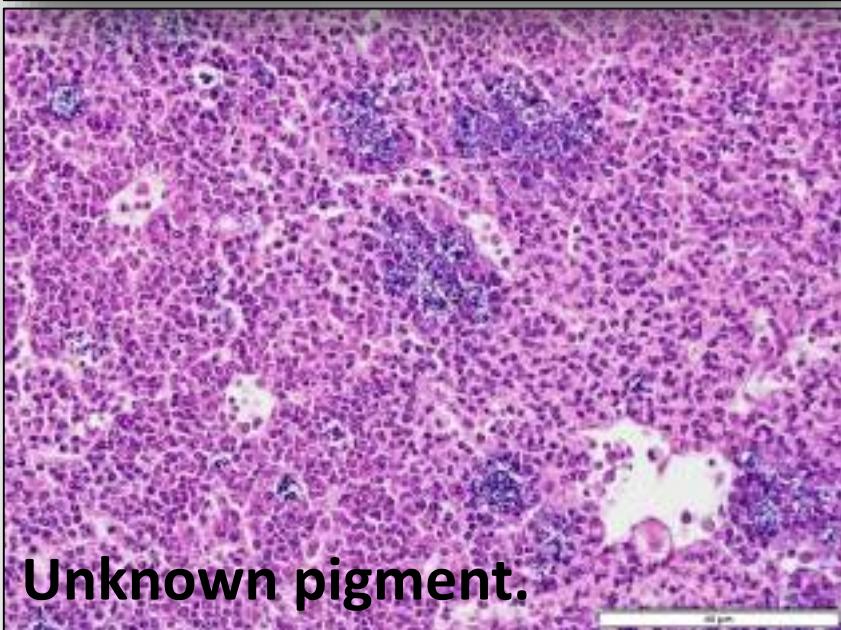
Background. Kidney.



Mononuclear cell foci



Unknown pigment.



Unknown pigment.



Granuloma with unknown pigment.

Background. Other Organs.



Summary

- Many background lesions to consider
- Artefacts: Attention! Fixation!
- Examination of reproduction organs/thyroid glands only is an artefact!
- Not every finding mimicking ED is indicating ED!
- Still to learn a lot!